


MARCH 2019

4th Street Diner

Linda Lough- (319)472-4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31 Swiss Steak Parslied Potatoes Green Beans Mixed Fruit Cake WW Bread/Margarine/Milk</p> <p><i>Small Group Activities</i></p>	<p>Choice of Salads are available M-F on Buffet on Site Buffet Serving Time 11:30 am to 1:00 pm Please call us to cancel or order a Home Delivered by 10:00 am daily! Thanks, Thanks, and More Thanks!</p>	<p>URGENT NOTICE: Please flip to the back for noteworthy changes to all future scheduled BIRTHDAY DINNER activities. If you or someone you know has a birthday in March come celebrate it with us! Tuesday, March 12th; Everyone is invited!</p>		<p>Get your menu early via email. To sign up please contact the site.</p>	
<p>3 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake WW Bread/Margarine/Milk</p> <p><i>Small Group Activities</i></p>	<p>4 Maidrite/Bun Baked Potato Half Broccoli/Cheese Sauce Pears Cookie Milk</p> <p><i>Pepper Card Party</i></p>	<p>5 Marinated Chicken Breast Parslied Potatoes Beets Peaches Dessert Bar WW Bread/Margarine/Milk</p> <p><i>10 Cent Bingo/Maureen</i></p>	<p>6 Salmon Loaf Creamed Potatoes & Peas Mandarin Oranges Oreo Dessert WW Bread/Margarine/Milk</p> <p><i>Cook's Choice 10 Cent Bingo</i></p>	<p>7 Sausage Gravy Biscuit Carrots Mixed Fruit Dessert Bar Milk</p> <p><i>10 Cent Bingo</i></p>	<p>8 Tuna & Noodles Green Beans Peaches Cookie WW Bread/Margarine/Milk</p> <p><i>500 Card Party</i></p>
<p>10 Mushroom Steak Mashed Potatoes/Gravy Carrots Mixed Fruit Cake WW Bread/Margarine/Milk</p> <p><i>Small Group Activities</i></p>	<p>11 Goulash Garlic Bread Peas Peaches Dessert Bar Milk</p> <p><i>Cook's Choice Pepper Card Party</i></p>	<p>12 Baked Glazed Ham Party Potatoes Broccoli Pineapple Birthday Cake WW Bread/Margarine/Milk</p> <p><i>Birthday Dinner Barb Riggle Music</i></p>	<p>13 BBQ Ribette/Bun Green Beans Macaroni Salad Fresh Fruit Chocolate Pudding Milk</p> <p style="background-color: black; color: white; text-align: center;"><i>Blood Pressure at 10:45 AM</i></p> <p><i>10 Cent Bingo</i></p>	<p>14 Chicken A La King Biscuit Beets Pears Cookie Milk</p> <p><i>10 Cent Bingo</i></p>	<p>15 Fish Fillet/Bun Oven Browned Potatoes Carrots Applesauce Dessert Bar Milk</p> <p><i>500 Card Party</i></p>
<p>17 Roast Turkey Mashed Potatoes/Gravy Green Beans Emerald Pears  Cake WW Bread/Margarine/Milk</p> <p><i>Happy St Patrick's Day Small Group Activities</i></p>	<p>18 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Applesauce Vanilla Pudding Milk</p> <p><i>Cook's Choice Pepper Card Party</i></p>	<p>19 Meatballs Mashed Potatoes/Gravy Broccoli Peaches Dessert Bar WW Bread/Margarine/Milk</p> <p><i>10 Cent Bingo/Maureen</i></p>	<p>20 Stuffed Chicken Breast Party Potatoes Carrots Mixed Fruit Dessert Bar WW Bread/Margarine/Milk</p> <p style="background-color: black; color: white; text-align: center;"><i>Ice Cream Machine Will Be Shut-off at 12:30 PM</i></p> <p><i>Fresh Conversations 12:30</i></p>	<p>21 Beef Hash Brussel Sprouts Apricot Halves Rice Pudding Milk</p> <p><i>10 Cent Bingo</i></p>	<p>22 Lemon Pepper Cod Parslied Potatoes Green Beans Mandarin Oranges Cookie WW Bread/Margarine/Milk</p> <p><i>500 Card Party</i></p>
<p>24 Crispy Chicken Tenders Mashed Potatoes/Gravy Carrots Peaches Cake WW Bread/Margarine/Milk</p> <p><i>Small Group Activities</i></p>	<p>25 BBQ Pulled Pork/Bun Baked Beans Corn Applesauce Cookie Milk</p> <p><i>Pepper Card Party</i></p>	<p>26 Meat Loaf Mashed Potatoes/Gravy Peas Pears Bread Pudding WW Bread/Margarine/Milk</p> <p><i>Hauser/O'Deen Music</i></p>	<p>27 Scalloped Turkey Broccoli Casserole Beets Mandarin Oranges Pie WW Bread/Margarine/Milk</p> <p><i>Cook's Choice 10 Cent Bingo</i></p>	<p>28 Lasagna Garlic Bread Green Beans Peaches Vanilla Pudding Milk</p> <p><i>10 Cent Bingo</i></p>	<p>29 Healthy Baked Pollack Oven Browned Potatoes Carrots Applesauce Dessert Bar WW Bread/Margarine/Milk</p> <p><i>500 Card Party</i></p>

All menu items are subject to change if it reduces food costs.