WASHINGTON COUNTY DIRECTORY OF COMMUNITY SERVICES

Including the communities of Ainsworth, Brighton, Crawfordsville, Kalona, Riverside, Washington, Wellman, and West Chester

110 N. Iowa Avenue, Suite 300
Washington, Iowa 52353
319-653-7758
www.washph.com
www.facebook.com/washph

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EMERGENCY
Fire.................................................................911
Police ...............................................................911
Ambulance.........................................................911
Washington County Sheriff .............. 319-653-2107
Iowa State Patrol ......................... 800-525-5555
Poison Control Center .................. 800-222-1222
Mental Health Crisis Line ............ 877-404-4770
24 hrs/day – Full Service Crisis Line for General Problems, Family Issues, Financial Issues, Abuse, Rape, Suicide, etc.
Washington County Hospitals & Clinic .. 319-653-548
To Report Child & Adult Abuse & Neglect 24 hours a day ......................... 800-362-2178

CHILD CARE
Child Care Nurse Consultant
1609 Cedar St, Muscatine......................... 563-263-0122
Providing on-site consultation, training, and technical assistance to early childhood care and education to Washington County providers.

Head Start  hacap.org/whatwedo/children/programs
2175 Lexington Blvd, Bldg 1, Washington .......319-653-7275
Preschool and All Day service for children ages 3 -5. Income guidelines apply www.iowaheadstart.com

Kids Corral Daycare
1509 E. Washington St, Washington .......... 319-591-8028
Serving children ages newborn through school age.

Kids Country Club
1369 Hwy 1, Kalona ........................................... 319-656-5437
Serving children ages newborn through school age.

Sunrise Child Care  sunrisewellman.com
525 13th St. Suite 202, Wellman............... 319-646-2890
Serving children ages 6 weeks through 5 years. After school programs for school aged children.

Washington Community Y Cornelia S. Day Child Care Center
washingtony.org/child_care.aspx
821 N. 4th Street, Washington .....................319-653-3315
Serving children from age 6 weeks through kindergarten. After school programs for school aged children. (Building entrance on N. 2nd St)

Up with Kids Day Care
1203 E Washington St. Washington ............319-653-7522

Iowa Child Care Resource & Referral  iowaccrr.org
Parent Referral line........................................... 855-244-5301
Assists families in selecting child care providers who best meet the needs of a child and their family.

Department of Human Services
304 South Maple, Fairfield...........................800-626-6249
Listing of registered and licensed providers by county. ccmis.dhs.state.ia.us/ClientPortal/ProviderLocator.aspx#

CITY & COUNTY OFFICES
Ainsworth City Hall ...........................................319-657-3761
Brighton City Hall ............................................319-694-2695
Crawfordsville City Hall ..............................319-658-3251
Kalona City Hall ..............................................319-656-2310
**COUNSELING & MENTAL HEALTH**

**CommUnity Crisis Services and Food Bank** (Formerly Crisis Center of Johnson County)
[www.iowacrisischat.org](http://www.iowacrisischat.org)
Iowa City Center...319-351-0140 or Toll Free 855-325-4296
Text .................................................. 1-855-325-4296
National Hotline.................................800-273-TALK (8255)
Emotional support, crisis intervention and suicide prevention services provided through online support, text, or chat.

**Domestic Violence Intervention Program** [dvipiowa.org](http://dvipiowa.org)
1105 S. Gilbert St, Iowa City ..........................319-351-1043
24 Hour Crisis Line.................................800-373-1043
Providing support, safe shelter, resources, and information to individuals battered by their intimate partner.

**First Resources CHOICES Drop-in Recovery Center**
114 W 2nd St, Washington ..........................319-591-8176
CHOICES is a consumer run drop in center that provides social support for adults with psychiatric needs. First Resources also provides Intensive Psychiatric Rehabilitation.

**Grace C Mae** [advocatecenter.org](http://advocatecenter.org)
420 E Polk...........................................319-653-2930
Individual, family, group, cognitive, and play therapy to help people find solutions to a variety of life issues and problems.

**Hillcrest Family Services** [hillcrest-fs.org](http://hillcrest-fs.org)
2175 Lexington Blvd..............................319-653-6161
Offers a wide range of behavioral health services for individuals, couples, and families facing a variety of life challenges, as well as crisis intervention.

**Rape Victim Advocacy Program (RVAP)**
[isah.uiowa.edu/directory/county/show/washington](http://isah.uiowa.edu/directory/county/show/washington)
Local crisis line:................................319-335-6000
Regional crisis line: ................................800-228-1625
Office phone number:............................319-335-6001

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**Local Chambers of Commerce**

**Kalona Chamber of Commerce** kalonachamber.com/
514 B Avenue, Kalona..............................319-656-2660

**Washington Chamber of Commerce** chamber.washingtoniowa.org
205 W Main St, Washington.......................319-653-3272

**Wellman Chamber of Commerce** facebook.com/wellmanchamber/
Dental House of Washington
525 S. Hwy 1, Washington 319-653-4451

Washington Dental Care
1051 W. Madison St, Washington 319-653-3412

Dr. Deb Krotz-Dielean
218 S Iowa Ave, Washington 319-653-4298

Dr. Chad Wiese
1004 E Washington St, Washington 319-653-2201

Dr. Suzanne Stock
110 E Main St 319-653-5090

Community Health Centers of Southeastern Iowa
2409 Spring St, Columbus City 319-728-7400

Systems Unlimited
208 S Iowa Ave 319-653-3356

UIHC Child Psychiatry Services
uiuchildrens.org/medical-services/psychiatry-and-psychology
200 Hawkins Drive 888-573-KIDS (5437)

UIHC Adult Psychiatry Services
uihc.org/medical-services/psychiatry
200 Hawkins Drive 800-777-8442

Washington County Mental Health and Disability Services
co.washington.ia.us
2175 Lexington Blvd Bldg #2 319-653-7751

Kalona Family Dental
409 B Ave, Kalona 319-656-3264

River Hills Community Health Center
riverhillshealth.org
100 Main St., Richland 319-456-2045

Riverside Family Dental
380 East Hickory Street, Riverside 319-648-3900

Dr. Polly Iben (Pediatric)
pedsddsiccv.com/meet-us/meet-dr-polly-iben

Dr. Donald Peterson Jr. (Pediatric)
dentistforkidz.com
501 12th Ave #202, Coralville 319-351-5439

Dr. Bart Thompson (Pediatric)
bartthompsondental.com
1031 Wade St, Iowa City 319-338-8571

Dr. Kaaren Vargas (Pediatric) corrordorkidsdentistry.com/en
1738 Lining Lane, North Liberty 319-665-2573

University of Iowa Pediatric College of Dentistry
dentistry.uiowa.edu/pediatric
801 Newton Rd., Iowa City 319-335-7485

Dental

Center for Disabilities and Development (CDD)
100 Hawkins Dr., 213 CDD, Iowa City 877-686-0031
Provides a team approach to find answers for patients with complex needs.

CHADD (Children & Adults with Attention Deficit/Hyperactivity Disorder)
chadd.net/template.cfm?affid=347&p=about

Child Health Specialty Clinics (CHSC)
chsciowa.org
100 Hawkins Dr., 230 CDD Iowa City 866-219-9119

A community based public health agency serving children and youth who have or at risk of having special health care needs including chronic conditions, behavioral or emotional disorders or more complex health conditions.
CHSC's Iowa Regional Autism Assistance Program
https://chsciowa.org/regional-autism-assistance-program.asp
联系方式：866-219-9119
该计划帮助家庭联系服务，以支持他们0-21岁的孩子，这些孩子可能患有自闭症谱系障碍。家庭可以访问协调服务和家庭支持，以帮助他们的孩子融入社区。

ChildServe Center  childrenscenterfortherapy.org
地址：1552 Mall Drive, Iowa City  319-351-5437
服务包括临时护理、支持性社区生活和行为健康服务，其中包含儿科物理、语言和职业治疗。

Disability Rights Iowa  disabilityrightsiowa.org
电子邮件：info@DRIowa.org  800-779-2502
提供信息教育和法律援助，帮助有残疾的人，包括精神障碍，处理歧视。

DHS Iowa Department of Human Services  dhs.state.ia.us
地址：304 South Maple, Fairfield  800-642-6249 or 641-472-5011
提供各种经济项目以及有关残疾人，包括精神障碍的信息。

Grant Wood Area Education Agency  www.aea10.k12.ia.us
地址：4401 Sixth Street SW, Cedar Rapids  319-338-8488 or 319-399-6700
更多信息请参阅“儿童，青少年人及家庭”部分。

Optimae Lifeservices  optimaelifeservices.com
地址：1415 West 5th St  319-653-6571
提供健康护理及人道服务，这些服务适用于有发育障碍的人。

REM – Iowa  remiowa.com
地址：1307 N. 5th Ave  319-653-7306
服务为有智力和发育障碍的人，以及有脑损伤的孩子和家庭提供服务。

Systems Unlimited  sui.org
地址：208 S Iowa Ave  319-653-3356
提供支持性生活服务给儿童和成年人，这些服务可以是通过家庭和社区护理的医疗券或通过第24章。

The Arc of Iowa  http://thearcofiowa.org
地址：2620 Muscatine Ave, Iowa City  319-351-5017
该组织是东南部爱荷华州的全国精神障碍组织的分会。

Washington County Mental Health and Disability Services  co.washington.ia.us
地址：2175 Lexington Blvd Bldg #2  319-653-7751
更多信息请参阅“咨询及精神健康”部分。

WCDC  wcdcinc.com
地址：1425 W 5th St  319-653-7248
提供包括康复、交通和社区生活等服务。WCDC提供支持的就业服务，包括通过Advanced Employment Services。

EDUCATION

Grant Wood Area Education Agency  aea10.k12.ia.us
地址：4401 Sixth Street SW, Cedar Rapids  319-399-6700 or 800-332-8488

Childcare Alliance Response Team: 强烈支持为儿童在托儿所提供行为支持。

Early ACCESS: 早期介入，适用于0-3岁的儿童，这些儿童在发展或健康/身体条件上存在问题。
**Autism Core Team:** Members of this team provide a variety of services including student observation, functional analysis, educating peers about autism, and a variety of other services to help support individuals in the autism spectrum and the staff working with them.

**Special Education:** Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in select school centers, speech-language services and special education consulting.

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**PRESCHOOL – Grade 12**

**First Baptist Preschool**  
122 E 2nd St, Washington 319-653-3748

**Head Start Preschool**  
2176 Lexington Blvd, Washington 319-653-4319  
Income based no cost preschool

**Kingdom Kids Preschool**  
209 E Main, Washington 319-653-6588

**St James Preschool**  
616 W 2nd St, Washington 319-653-3631

**Highland Community School District**  
(highland.k12.ia.us)  
**Highland Elementary** (Preschool)  
220 Schnoebelen St, Riverside 319-648-2821  
**Middle School**  
1715 Vine Ave, Riverside 319-648-5018  
**High School**  
1715 Vine Ave, Riverside 319-657-4101, or 319-648-2891

**Mid-Prairie Community School District**  
(mid-prairie.k12.ia.us/pages/Mid-PrairieCSD)  
**Mid-Prairie East Elementary** (Preschool)  
702 6th St., Kalona 319-656-2243  
**Mid-Prairie West Elementary** (Preschool)  
800 6th Ave, Wellman 319-646-2984  
**Middle School**  
713 F Ave., Kalona 319-656-2241  
**High School**  
1634 Hwy 22, Wellman 319-646-6091  
**Alternative Learning Center**  
1636 Hwy 22, Wellman 319-646-6093

**WACO Community School District**  
(WACO Elementary) (Preschool)  
200 S Main St, Crawfordsville 319-658-2931  
**WACO Jr. and High School**  
706 N. Pearl St, Wayland 319-256-6200

**Washington Community School District**  
(washington.k12.ia.us)  
**Stewart Elementary** (Preschool)  
821 N 4th Ave., Washington 319-653-3244  
**Lincoln Elementary**  
606 N 4th Ave, Washington 319-653-3691  
**Middle School**  
313 S 4th Ave, Washington 319-653-5414  
**High School**  
1111 S Avenue B, Washington 319-653-2143  
**Washington/WACO Home School Assistance Program**  
300 S. Iowa Ave., Washington 319-653-4655

**Private Schools**  
**Iowa Mennonite School** (9-12)  
iowamennonite.org  
1421 540th St SW, Kalona 319-656-2073  
**Pathway Christian School** (K-12)  
(pathwaychristian.net)  
5764 Highway 1 SW, Kalona 319-656-5443
St James School (PreK-5) stjamesschool.pvt.k12.ia.us/
602 W 2nd Street, Washington ........................ 319-653-3631

Post Secondary and Adult Education
Kirkwood Community College: Washington County Regional Center kirkwood.edu/washingtonregional
2192 Lexington Blvd., Washington ..................... 319-653-4655
College courses provided to help students complete an AA, transfer to a 4 year college, or earn college credit while in high school.

Iowa State University Extension extension.iastate.edu/washington
2223 250th St, Washington ................................ 319-653-4811
Information and educational programs including aging, childcare, financial management, food safety, nutrition and more.

L.E.T.’s Center for the Healing and Creative Arts letscenter.org/
114 N. Iowa Ave, Washington ............................ 319-531-1219
Offers a variety of classes as well as a place for people to learn, experience, and practice many different types of art.

EMPLOYMENT/JOB TRAINING & PLACEMENT

Advanced Employment Services wcdcinc.com
109 S Marion Ave, Washington ........................... 319-653-7568
Supportive services for persons with disabilities to learn job skills and to find/maintain employment.

Iowa Vocational Rehabilitation Services ivrs.iowa.gov
1700 South 1st Ave, Suite 25D, Iowa City ........... 319-337-5733
Provides individualized job placement, career exploration, and vocational training services to eligible individuals with disabilities.

Iowa Workforce Development / IowaWorks Center / Job Corps of Iowa iowaworkforcedevelopment.gov/cedar-rapids-iowa-city
Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City ................................. 319-351-1035
Provides job placement services to unemployed and underemployed individuals, and processes unemployment insurance claims. Workforce Investment Act (WIA) serves individuals ages 16 and up.

Promise Jobs (IowaWorks Center) iowaworkforcedevelopment.gov/promise-jobs
Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City ................................. 319-351-1035
Application approval and referral from DHS required. Pre-employment and on the job training, secondary education certification. Financial assistance for low-income persons with tuition, childcare and transportation. This program is available for individuals on the Family Investment Program (FIP).

FAMILY/PARENT SUPPORT

1st Five Healthy Mental Development Initiative http://www.washph.com/ChildHealth/1stFive.aspx
110 N. Iowa Ave, Ste. 300, Washington ........... 319-653-7758 ext. 105
A Washington County Public Health program that links families with children from 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

Children in the Middle Classes family-development.org
Family Development Associates .......................... 800-261-5097
Provides educational classes in Washington Co. that focus on the needs of children whose families are in the midst of a change or conflict, such as divorce or separation.
ISU Extension & Outreach Washington County Office
extension.iastate.edu/washington
2223 250th Street .................................. 319-653-4811
Offering classes in finance, nutrition, food safety, and more.

The Family Connection
washph.com/ChildHealth/TheFamilyConnection/aspx
110 N. Iowa Avenue Suite 300.................. 319-653-7758
A free early childhood focused family support and education program for parents and their children ages 0-4 living in Washington County. Services include in-home visits, weekly playgroups, and family-focused group activities.

Washington County Public Health washph.com
110 N. Iowa Ave, Washington 319-653-7758
Committed to protecting and promoting the health of all Washington County residents, Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, nursing and home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

FOOD & FINANCIAL

Food Pantries
All pantries listed have different times and regulations. Please contact them by phone before going to the sites.
Ainsworth Community Church
350 N 4th, Ainsworth............................. 319-653-3020
Church of God
322 S Ave D, Washington.......................... 319-653-5678
Asberry UMC
601 8th Ave, Wellman ............................ 319-646-2417
Fairview Mennonite Food Pantry
2605 540th At, Kalona............................ 319-683-2571
Grace Community Church
301 W 2nd St, Washington........................ 319-653-3881
Food for All – Kalona UMC
302 4th St, Kalona.................................. 319-656-2642
HACAP
2175 Lexington Blvd. Bldg #1, Washington .... 319-653-7275
Mobile Food Pantry – Open on the 1st Thursday of each month in Brighton (City Hall) from 10:30 am-11:30 am and Washington (United Presbyterian Church Parking Lot) 1-2 pm
House of Plenty Food Pantry – Kalona
1103 J Ave, Kalona................................. 319-656-2298
Kalona Food Pantry
401 E Ave, Kalona.................................. 319-656-5285
Our Church Community Church
1474 Franklin Ave, Wayland..................... 319-461-0576
St. Mary’s Hall
360 Washburn St., Riverside..................... 319-648-2331

Community/Senior Meal Sites
United Presbyterian Church – Saturday Kitchen 11 am-1 pm
209 East Main, Washington..................... 319-653-6588
Wellman Senior Dining
223 8th Ave., Wellman............................ 319-646-2711

Financial
DHS Iowa Department of Human Services dhs.state.ia.us
304 South Maple, Fairfield......800-642-6249 or 641-472-5011
Hrs: Monday – Friday 8 am – 4:30 pm
Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid). Referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, and child abuse assessments.

SNAP oasis.iowa.gov
Government food assistance program............... 855-944-3663

WIC – Women, Infants & Children Program idph.iowa.gov/wic
WIC is a supplemental food program for pregnant and nursing mothers, and children from birth through age 5. Johnson County WIC provides services in Washington County.
Washington WIC scheduling .......................... 319-653-7758
Iowa City WIC scheduling.............................. 319-356-6042

General Assistance
co.washington.ia.us/291/General-Assistance
2175 Lexington Blvd, Washington................. 319-653-7768
General Assistance is located in the Orchard Hill Complex Building #2. Provides assistance on a temporary basis for a limited period of time. It can be used to pay for basic needs such as: rent, utilities, burial, and food vouchers for clients who are unable to work.

HACAP
2175 Lexington Blvd. Bldg #1, Washington ..... 319-653-7275
Applications for LiHEAP, Low Income Home Energy Assistance Program.

Washington County Veterans Affairs
co.washington.ia.us/181/Veterans-Affairs
2175 Lexington Blvd, Building #2 ................. 319-653-7768
Support for veterans and their families.

HEALTH CARE

Chiropractic Providers
Bright Futures Chiropractic
131 E Ave, Kalona..................................... 319-656-2888

Brown Chiropractic
109 N Marion Ave, Washington .................... 319-653-3336

Burdock Family Chiropractic
208 S Marion Ave, Washington ..................... 319-653-3573

Campbell Chiropractic Office
1359 Ginkgo Ave, Wellman ......................... 319-646-2411

Eastern Iowa Chiropractic & Massage Therapy
112 E Washington St, Washington............... 319-653-6000

Errthum Chiropractic
412 C Ave, Kalona.................................... 319-656-2085

Ryan Miller J DC
214 8th Ave, Wellman.............................. 319-646-6800

Tweeton Chiropractic
214 S Iowa Ave, Washington....................... 319-653-2351

Washington Chiropractic PC
411 B Ave, Kalona.................................... 319-656-3756

Medical Providers
Community Health Center  chcseia.com/services.htm
2409 Spring Street, Columbus City ............... 319-728-7400
Provides affordable, comprehensive, primary health care, especially those individuals/families with limited resources or other barriers to health care.

Community Health Center riverhillshealth.org
100 West Main, Richland............................ 319-456-2045
Medical and dental services as well as assistance in applying for medical insurance coverage.

Compassus compassus.com/
1621 E. Washington St, Washington ............ 319-653-2035
Provides hospice and respite services to a 10 county area. Services available 24/7 at home, hospital, or nursing home.

Flexible Family Care
301 S. Iowa #1, Washington ....................... 319-653-9355

Hospice of Washington County hospicewashingtoncounty.org
948 East 11th Street, Washington............... 319-653-7321
Provides Hospice and Palliative Care services to a 7 county area. Nursing services available 24/7. Other services include social work, chaplain, health aides, and therapists.
Iowa Family Practice
305 W. Main St, Washington...................... 319-461-0130

Mercy Family Medicine of Kalona
mercyfmkalona.portalforpatients.com/portal/default.aspx
207 1st Street, Kalona............................. 319-656-3151

Wellman Family Practice
cityofwellman.com/businesses/wellman-family-practice
217 8th Ave SW #3, Wellman....................319-646-2800

University of Iowa Hospital and Clinics River Crossing
uihc.org/ui-health-care-river-crossing
3056 River Crossing Ct, Riverside................ 319-467-8355

WCHC Medical Clinic  wchc.org
444 E. Polk St, Washington...................... 319-653-6601

WCHC Family Medicine  wchc.org
1230 S. Iowa, Washington...................... 319-653-7291

WCHC/UIHC Midwife Clinics
Midwives from UIHC offer prenatal visits at WCHC a minimum of twice each month. Newborn delivery will take place in UIHC. Call and request to be seen at WCHC............ 800-777-8442

Washington County Public Health  washph.com
110 N. Iowa Ave, Washington.................... 319-653-7758
Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

Medical Equipment & Supplies
Free equipment rental
Sonshine Outreach
301 W. 2nd St, Washington....................... 319-591-1333
Located behind Grace Community Church

Equipment Purchase
Community Medical Supply
505 Hwy 1 South, Washington....................319-653-5797

Stout Supply
3096 Old White Way, Ainsworth..................319-657-4127

Pharmacies providing Home Delivery
Hy-Vee Pharmacy
528 Hwy 1 South, Washington....................319-653-2155
Miller Medicine Cabinet (delivery in Kalona and Wellman)
214 5th, Kalona......................................319-656-3134

Pharmacy on 8th
221 8th Ave, Wellman.............................319-646-3388
Smart Scripts (home and mail delivery)
www.smartscripts.com
1010 W Madison, Washington....................844-597-6278

WCHC Beans Pharmacy
222 S Iowa Ave, Washington.................... 319-653-4646

Physical Therapy
Jet Physical Therapy  www.jetpt.net
511 Hwy 1 South, Washington....................319-653-5494
525 13th Street, Suite 101, Wellman.............319-646-5381

Physical Therapy Services PC
423 B Ave, Kalona.................................319-656-3177

Washington County Hospital and Clinics Rehabilitation Services
400 E Polk St, Washington.......................319-863-2030

Vision
Eye Associates of Iowa City, Kalona Office
eyeassociatesic.com/about-us/kalona-office
204 5th Street, Kalona.............................319-656-2420

Modern Eye Care  modeyeecare.com
301 S. Iowa, Washington.........................319-653-2371
UIHC River Crossing  uihc.org/ui-health-care-river-crossing
3056 River Crossing Ct, Riverside ...................... 319-467-8355
Axis Vision Care  http://www.washeyecare.com
221 N 2nd Ave, Washington..............................319-653-4558
or 800-653-7925

**HOUSING**

**Area XV Multi-County Housing Agency**  areaxvhousing.org/
417 N College St, Agency........641-937-5222 or 800-848-9438
Administers three different types of housing programs in
Southeast Iowa; Public Housing, Section 8 Housing Choice
Voucher Program, Area 15 Apartments Program (for elderly
and disabled only).

**HUD Housing**  portal.hud.gov/hudportal/HUD
Provides oversight for Public Housing Agencies, administers
FHA home mortgage program, & provides other housing
information and assistance.

**Habitat for Humanity**  www.iowavalleyhabitat.org
2401 Scott Blvd SE, Iowa City, IA 52240........319-337-8949
Home ownership program. See website for details.

**Helping Hands:** Affordable home repairs and aging in place
modifications for homeowners.

**HACAP**  hacap.org
2175 Lexington Blvd. Bldg #1, Washington ..... 319-653-7275
HACAP offers transitional housing to income eligible applicants
who will learn a variety of skills while completing all
compliance requirements. Apartments located at 2176
Lexington Blvd.

**Shelter House**  shelterhouseiowa.org/
429 Southgate Ave, Iowa City.........................319-351-0326
Provides affordable emergency shelter and assistance to help individuals
find affordable housing and permanent supportive housing.

**Other Low Income Apartments**
**Ashley Lynn Condominiums**
elliottrealtygroup.com/rental-properties
325 & 375 West 18th St ................................319-461-4413
Information and rental application available at the website.

**Autumn Park Apartments**
841 W Monroe St.........................................319-653-6804
Autumn park apartments offers senior, low income,
handicapped accessible housing.

**Briarwood Apartments**
700 W Tyler St, Washington............................319-591-8213

**Highland Park Apartments**
215 East 15th St, Washington...319-530-0716 or 319-863-3621

**Lantern Grove Apartments**
1608 N. 5th Ave, Washington ..........................319-653-6555

**Washington Court Apartments**
1302 N. 2nd St., Washington..........................319-461-3067

**Woodbridge Apartments**
603 W. Adams St., Washington ......................319-362-1029

**Kalona Valley Apartments**
307 5th Street, Kalona.................................319-656-2614

**Landlord list available at**
Washington Chamber of Commerce........319-653-3272

**LEGAL**

**Disability Rights IOWA**  disabilityrightsiowa.org/
400 E Court Ave #300, Des Moines............515-278-2502 or
800-779-2502
Disability Rights IOWA aims to defend and promote the human
and legal rights of Iowans who have disabilities and mental
illness.

**Iowa Legal Aid**  iowalegalaid.org/
1700 S 1st Ave, Iowa City.............................800-532-1275
Pay services may be paid for by: Medicare, Medicaid, private insurance, VA Aides, different but services can include Home Health Services.

**Find-a-Lawyer** charge a $25.00 fee for the first 30-minute consultation.

- **Iowa State Public Defender** [spd.iowa.gov](http://spd.iowa.gov/) 216 South 3rd, Burlington 319-753-5163
- **State Attorney General** [iowaattorneygeneral.gov](http://iowaattorneygeneral.gov) Consumer Protection Division, Des Moines... 515-281-5926 or 888-777-4590
- **Washington County Atty** 222 W Main St, Washington 319-653-7721

**Libraries**

- **Kalona Public Library** [kalona.lib.ia.us](http://kalona.lib.ia.us) 510 C Ave 319-656-3501
- **Washington Public Library** [washington.lib.ia.us](http://washington.lib.ia.us) 115 W. Washington 319-653-2726
- **Wellman-Scofield Public Library** [wellman.lib.ia.us](http://wellman.lib.ia.us) 711 4th St 319-646-6858

**Senior Citizens**

**Home Health Services** – Each of the following providers is different but services can include Skilled Nursing, Home Care Aides, and Homemakers. Home Care Services can usually be paid for by: Medicare, Medicaid, private insurance, VA. Private pay services may be available on a sliding fee scale.

**Comfort Keepers** [coralville-585.comfortkeepers.com](http://coralville-585.comfortkeepers.com) 319-354-0285

**Optimae Home Health** [optimaelifeservices.com](http://optimaelifeservices.com) 319-653-6571

**Washington County Public Health** [washph.com](http://washph.com) 319-653-7758

**Wesley in Home** (coordinated through Lending Hands Inc) [wesleylife.org/living-options/halcyon-house-washington/default.aspx](http://wesleylife.org/living-options/halcyon-house-washington/default.aspx) 319-653-2661 Services, provided for private pay clients only, is coordinated through Lending Hands Inc.

**Adult Day Care**

**Lending Hands Inc** [wesleylife.org/contact-us/adult-day-lending-hands.aspx](http://wesleylife.org/contact-us/adult-day-lending-hands.aspx) 319-653-2661 Adult day care. Associated with Halcyon House retirement complex.

**Home Delivered Meals**

**Meals on Wheels - A Program of Elder Services** [livablecommunity.org/Services/67834F8C-2AC6-4E1F-BF40-69E5080AAEC7/Meals-on-Wheels-A-Program-of-Elder-Services-Inc.aspx](http://livablecommunity.org/Services/67834F8C-2AC6-4E1F-BF40-69E5080AAEC7/Meals-on-Wheels-A-Program-of-Elder-Services-Inc.aspx) 319-338-0515 Delivers frozen meals, breakfast bags to the home on a bi-weekly basis.

**Pleasantview Home** Kalona only 319-656-2421

**Wellman Senior Dining** 319-646-2711

**Community Meal Sites**

**United Presbyterian Church** – Saturday Kitchen 11 am–1 pm 209 East Main, Washington 319-653-6588

**Wellman Senior Dining** 319-646-2711
**Other Senior Services**
**Washington County Veterans Affairs**
co.washington.ia.us/181/Veterans-Affairs
2175 Lexington Blvd, Building #2, Washington...319-653-7768
Support for veterans and their families.

**Social Security Administration**
www.ssa.gov
........................................... 800-772-1213

**SUBSTANCE ABUSE**

**Al-Anon & Alateen**
iowa-al-anon.org/meetings/washington-caring-and-sharing-afg/
Support group for persons who feel their lives have been, or are being affected by alcoholism in a family member or friend.

**Alcoholics Anonymous**
http://www.iowadist10aa.org/aa-meetings-in-washington%2C-ia.html
Iowa City Contact Number ......................... 319-338-9111
National Help Line ................................. 800-234-2046
Support group for individuals who have experienced problem drinking and want to stay sober. Washington and Wellman are in **District 10** Riverside and Kalona are in **District 13**

**Prelude Behavioral Services**
preludeiowa.org
1201 Industrial Park Drive, Washington ....... 319-653-7597
Provides a variety of services including drug testing, counseling, problem gambling, OWI courses, and prevention.

**Narcotics Anonymous**
........................................... 800-897-6242
Support group for individuals who have experienced drug addiction and want to stay sober.

**St Luke’s Chemical Dependency Services**
unitypoint.org/cedarrapids/default.aspx
810 1st Ave NE, Cedar Rapids....................... 319-363-4429
Provides a variety of services including comprehensive evaluation, inpatient detoxification, and intensive outpatient therapy.

**U of I Chemical Dependency Program**
uihc.org/substance-use-disorders
200 Hawkins Dr, Iowa City ......................... 319-384-8765
Provides a full range of services including extended and intensive outpatient programs, and services for students.

**Washington County Outreach**
washington.ia.us/229/Outreach
2175 Lexington Blvd #3, Washington .......... 319-653-7749
Provides probation supervision services to court ordered individuals, substance abuse assessment, and referrals.

**Advance Medical Transport**
manta.com/c/mr41bkw/advanced-medical-transport-of-iowa
2228 Heinz Rd, Iowa City ......................... 319-341-7799

**Celebrate Recovery – Brighton**
https://www.celebraterecovery.com/
A Christ centered recovery program.
Rick Zickefoose .................................... 319-548-0073
Ryan Dexter ................................. 319-931-6483

**TRANSPORTATION**

**Southeast Iowa Ambulance Service**
seiowaambulance.com
4165 Naples Ave SW # 5, Iowa City ............. 319-466-0735

**Washington County Minibus**
washingtoncountyminibus.squarespace.com
1010 W 5th St, Washington ....................... 319-653-2853

**Wheelchair Van Service**
via Washington County Ambulance
washingtoncountyambulance.net
1120 N 8th Ave, Washington .................... 319-653-2047
Utilities and Public Services

**Driver’s License/ID**  Washington County Treasurer’s Office
County Courthouse ...........................................319-653-7789

**Gas & Electric**
Alliant Energy
220 East 3rd St, Washington ............................ 800-255-4268

**MidAmerican Energy**
1630 Lower Muscatine Rd, Iowa City ............... 319-472-5632

**WELLNESS**

**Farmers Markets**
**Riverside Farmers Market**
Sundays 10 am – 1 pm July through September at the Riverside Casino Parking Lot, 3184 Hwy 22

**Washington Farmers Market**
5-7:30 pm on Thursdays in Central Park from May through October

**Wellman Farmers Market**
Tuesdays 4-6 pm at Bidwell-Slockett Park during the summer months.

**Wellness Education**
**Washington County Hospital and Clinics**
[www.wchc.org](http://www.wchc.org)
400 E Polk St, Washington ............................... 319-653-4271
Cardiac Rehabilitation, Diabetes Education, Fresh Start Weight Loss, Healthcare Library

**Fitness/Swim Centers**
**Kalona Municipal Pool** ................................. 319-656-2309

**Kalona Rec Center**  [kalonacommunitycenter.com/](http://kalonacommunitycenter.com/)
511 C Ave .................................................... 319-656-2310

**Washington Steele Family Aquatic Center** 319-653-6054

**YMCAs of Washington County**
[www.washington.org/home.aspx](http://www.washington.org/home.aspx)
Each Community Y offers a variety of programming, services, and opportunities for individuals of all ages.

**Wellman** - 22525 13th St .............................. 319-646-8439

**Washington has two locations:**
2121 E Main ................................................. 319-653-2141
2110 S Iowa .................................................. 319-653-6500

**Outdoor Tracks** (available for public use when not is school use and according to school rules)
**Case Field** ................................................. South 9th Avenue, Washington
**Highland School District Track** .............. 1715 Vine Ave, Riverside
**Mid-Prairie School District Track** .......... 1634 Hwy 22, Wellman

**Parks, Trails & Recreation Areas**
**Brinton Timbers Park** ............................... Fir Ave North, west of Brighton
**Clemons Creek Wildlife and Recreation Area**
................................................................. Kiwi Ave, Washington

**Fern Cliff County Park** ............................... Fern Cliff Road, Crawfordsville

**Kewash Nature Trail** ................................. D Ave, Washington

**Washington County Conservation Education Center & Marr Park**
.......................................................... 2943 Hwy 92, Ainsworth
**Lake Darling State Park** .......................... 111 Lake Darling Road, Brighton
**Sunset Park** .............................................. Hwy 92, Washington

Wooden play area, disc golf course, dog park, skate park

**For a complete list of parks in Washington County**
visit....
[co.washington.ia.us/170/Conservation](http://co.washington.ia.us/170/Conservation)
[chamber.washingtoniowa.org/parks-recreation/](http://chamber.washingtoniowa.org/parks-recreation/)
Youth Opportunities

Boy Scouts of America  hawkeyebsa.org
Hawkeye Area Council
660 32nd Ave. SW, Cedar Rapids .................. 319-862-0541
Cub Scouts is a family centered program for boys from 1st to 5th grades that fosters self-esteem and teaches cooperation.

Elements  kalonayouth.com/index.html
511 C Avenue, Kalona................................. 319 656 2400
Outreach program for kids from grades 6-12 operated by Kalona Youth Organization.

Girl Scouts of Eastern Iowa and Western Illinois  GSEIWI.org
Local troops provide opportunities to help girls discover their strengths and passions with a mission to grow girls of confidence & character who will make the world a better place.

ISU Extension & Outreach Washington County Office  extension.iastate.edu/washington
2223 250th Street ........................................ 319-653-4811
4-H & Youth Programs, special events and much more!

Kalona Rec Center  kalonacommunitycenter.com/
511 C Ave ................................................. 319-656-2310

YMCA of Washington County  washington.org/home.aspx
Each Community Y offers a variety of programming, services, and opportunities for individuals of all ages.

Wellman – 22525 13th St ......................... 319-646-8439

Washington has two locations:
2121 E Main .............................................. 319-653-2141
2110 S Iowa .............................................. 319-653-6500

ADDITIONAL INFORMATION HELPLINES

Alzheimer’s & Related Disorders  www.alz.org ....................................... 800-272-3900
American Cancer Society  www.cancer.org ........................................ 800-227-2345
American Heart Association  www.heart.org ........................................ 800-242-8721
American Lung Association of Iowa  www.lung.org ...................................... 800-586-4872
Bullying & Youth Suicide Hotline  www.yourlifeiowa.org ......................... 855-581-8111
COMPASS, Iowa (disabled)  www.iowacompass.org ......................... 800-779-2001
Crisis Text Line .......................................................... Text “Go” to 741741
Cybertip Hotline (Center for Missing & Exploited Children) ........................................ 800-843-5678
Department of Human Services Child & Adult Abuse Hotline ........................................ 800-362-2178
Domestic Violence Abuse Hotline  www.thehotline.org ...................................... 800-799-7233
Mental Health Crisis Line–Your Life Iowa 24 hrs a day ........................................ 855-581-8111
or Text 24 hrs a day  www.YourLifeIowa.org ........................................ 855-985-8398
Gambling Hotline (BETS OFF)  www.1800betsoff.org ......................... 800-BETS-OFF
Paws & More Animal Shelter .......................................................... 319-653-6713
Lead Poisoning ....................................................... 800-972-2026
Medicare Hotline  www.medicare.gov ........................................ 800-633-4227
Narcotics Hotline (report suspected drug and meth activity) ........................................ 800-532-0052
National Hispanic Family Health Help Line ........................................ 866-SU-FAMILIA
National Youth Crisis Hotline ....................................................... 800-442-4673
Poison Control  www.iowapoison.com ........................................ 800-222-1222
Quiltline Iowa (quit smoking)  www.quiltlineiowa.org ..................................... 800-784-8669
Rape, Abuse, & Incest National Network (RAINN) ........................................ 800-656-4673
Sexual Abuse Hotline-Iowa ....................................................... 800-284-7821
Social Security Administration  www.ssa.gov ........................................ 800-772-1213
Substance Abuse Information Center  www.drugfreeinfo.org ....................... 866-242-4111
Suicide Prevention  www.suicidepreventionlifeline.org ................................ 800-273-8255
Veterans Foundation Help Line ....................................................... 888-777-4443
Weather & Road Information  www.511ia.org ........................................ 511 or 800-288-1047

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To submit new or corrected information for the next update of this directory please email rsloat@washph.com