

January 2025

4th Street Diner

Linda Lough 319.472.4761

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

When the 4th Street Diner closes for inclement/winter weather we will notify KCRG and KGAN to post on their websites and television channels. Please look for: **“HACAP Vinton Meal Site”**. When Benton County Transportation is closed, the meal site is closed. I will email a closing notice to everyone who has signed up to receive the menu via email. If you receive Home Delivered Meals and you do not have email, you can request to be added to a courtesy call list beginning November 1, 2024.

DID YOU KNOW? In Vinton meal site is often open even though the schools may have closed.



2 Savory Chicken Breast
Seasoned Rice
Stir Fry Vegetables
Pineapple
Dessert Bar
Bread/Milk

3 Beef Stew
Cornbread
Brussel Sprouts
Apricots
Vanilla Pudding
Milk

5 Roast Pork
Mashed Potatoes/Gravy
Spinach
Tropical Fruit
Cake
Bread/Milk

6 Lemon Pepper Tilapia
Sweet Potatoes
Green Beans
Fresh Fruit
Lemon Fluff
Bread/Milk

7 Swedish Meatballs
Baked Potato Half
Corn
Pears
Muffin
Bread/Milk

8 Scalloped Ham & Potatoes
Dinner Roll
Carrots
Applesauce
Fruited Jello
Milk

9 Chicken Biscuit Casserole
Beets
Peaches
Dessert Bar
Milk

10 Lasagna
Garlic Bread
Peas
Mandarin Oranges
Cookie
Milk

10 Cent Bingo

12 Roast Turkey
Mashed Potatoes/Gravy
Green Beans
Pears
Cake
Bread/Milk

13 Bratwurst
Bun
Baked Beans
Pasta Salad
Fresh Fruit
Fruit Crisp
Milk

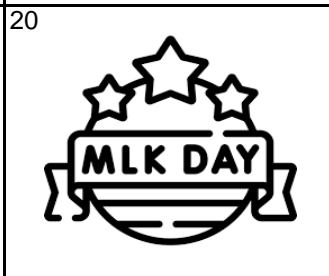
14 Taco Bake
Dinner Roll
Corn
Tropical Fruit
Dessert Bar
Milk

15 Stuffed Pork Chop
Party Potatoes
Mixed Vegetables
Applesauce
Cookie
Bread/Milk

16 Chicken Broccoli Rice
Casserole
Carrots
Peaches
Granola Bar
Bread/Milk

17 Meatloaf
Mashed Potatoes/Gravy
Peas
Pears
Bread Pudding
Bread/Milk

19 Baked Ham
Parslied Potatoes
Green Beans
Pineapple
Cake
Bread/Milk



21 Maidrite/Bun
Tri Tator
Broccoli
Mandarin Oranges
Chocolate Pudding
Milk

22 Sausage Gravy
Biscuit
Peas
Fresh Fruit
Fruit Crisp
Bread/Milk

23 Salisbury Steak
Mashed Potatoes/Gravy
Green Beans
Applesauce
Cookie
Bread/Milk

24 Bacon Ranch Chicken
Breast
Buttered Noodles
Mixed Vegetables
Pears
Dessert Bar
Bread/Milk

10 Cent Bingo

26 Chicken Strips
Mashed Potatoes/Gravy
Corn
Peaches
Cake
Bread/Milk

27 Polish Sausage
Bun
Minestrone Soup
Sauerkraut
Applesauce
Cookie
Milk

28 Chicken Noodle Casserole
Dinner Roll
Beets
Tropical Fruit
Dessert Bar
Milk

29 Crispy Pollack
Tri Tator
Green Beans
Mandarin Oranges
Vanilla Pudding
Bread/Milk

30 Spaghetti w/Meat Sauce
Garlic Bread
Coleslaw
Fresh Fruit
Granola Bar
Milk

31 Glazed Ham Balls
Sweet Potatoes
Cauliflower
Pineapple
Lime Delight
Bread/Milk

All menu items are subject to change if it reduces food costs.