

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
To sign up for an early copy of the menu please send an email to llough@hacap.org and write "Menu Request" in the Subject Line.		Cell Phone Text Alerts Available for Weather Related Closings. Sign up with Linda or Tanja	1 Cheesy Bacon Ranch Chicken Buttered Noodles Peas Mixed Fruit Chocolate Pudding Bread/Milk	2 Swedish Meatballs Parslied Potatoes Green Beans Fresh Fruit Cookie Bread/Milk	3 Crispy Chicken Patty Bun Tri-Tator Carrots Peaches Dessert Bar Milk
5 Roast Pork Mashed Potatoes/Gravy Spinach Mixed Fruit Cake Bread/Milk	6 Chicken A La King Biscuit Beets Pineapple Cookie Milk	7 Spaghetti w/Meat Sauce Garlic Bread Coleslaw Fresh Fruit Butterscotch Pudding Milk <i>Blood Pressure Clinic 11-12</i>	8 Mushroom Pork Chop Parslied Potatoes Corn Applesauce Fruit Crisp Bread/Milk	9 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk	10 Stuffed Chicken Breast Party Potatoes Green Beans Mixed Fruit Dessert Bar Bread/Milk
12 Roast Turkey Mashed Potatoes/Gravy Carrots Peaches Cake Bread/Milk	13 Polish Sausage Bun Macaroni & Cheese Sauerkraut Fresh Fruit Cookie Milk	14 Swiss Steak Mashed Potatoes/Gravy Green Beans Rosy Applesauce Sweetheart Pie FCFS Bread/Milk <i>Barb Riggle on Piano (11-12)</i>	15 Scalloped Ham & Potatoes Beets Pears Vanilla Pudding Bread/Milk	16 Beef Noodle Casserole Peas Mixed Fruit Dessert Bar Bread/Milk	17 Glazed Ham Balls Sweet Potatoes Cauliflower Peaches Lime Delight Bread/Milk
19 Baked Ham Baked Potato Half Green Beans Pineapple Cake Bread/Milk	20 	21 Maidrite Bun Tri-Tator Broccoli Mixed Fruit Cookie Milk <i>Blood Pressure Clinic 11-12</i>	22 Salmon Loaf Parslied Potatoes Creamed Peas Peaches Lemon Fluff Bread/Milk	23 Lasagna Garlic bread Carrots Fresh Fruit Cookie Milk	24 Crispy Pollack Oven Browned Potatoes Green Beans Pears Dessert Bar Bread/Milk
26 Chicken Strips Mashed Potatoes/Gravy Corn Peaches Cake Bread/Milk	27 BBQ Pulled Pork Bun Baked Beans Pasta Salad Applesauce Cookie Milk	28 Chili (Client Request) Cornbread Brussel Sprouts Apricots Rice Pudding Milk			