


November 2023

4th Street Diner

Linda Lough- (319) 472-4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>To sign up for an early copy of the menu please send an email to llough@hacap.org and write "Menu Request" in the Subject Line.</p>			<p>1 Chicken A La King Biscuit Beets Mixed Fruit Chocolate Pudding Milk</p>	<p>2 Crispy Pollack Creamy Pasta Salad Corn Fresh Fruit Fruit Crisp Bread/Milk</p>	<p>3 Swedish Meatballs Parslied Potatoes Broccoli Pears Cookie Bread/Milk</p>
	<p>5 Roast Pork Mashed Potatoes/Gravy Spinach Mandarin Oranges Cake Bread/Milk</p>	<p>6 Savory Chicken Breast Oven Browned Potatoes Green Beans Applesauce Cookie Bread/Milk</p>	<p>7 Stuffed Pepper Casserole Corn Mixed Fruit Cake Bread/Milk</p>	<p>8 Scalloped Ham & Potatoes Carrots Pears Brownie Bread/Milk</p>	<p>9 Beef & Noodles Peas Fresh Fruit Rice Pudding Dinner Roll Milk</p>
		<p><i>Blood Pressures 11:15-12:15 10 Cent Bingo</i></p>			
<p>12 Swiss Steak Parslied Potatoes Carrots Mixed Fruit Cake Bread/Milk</p>	<p>13 Mushroom Pork Chop Mashed Potatoes/Gravy Peas Peaches Vanilla Pudding Bread/Milk</p>	<p>14 Beef & Cheese Philly Melt Bun Pasta Salad Baked Beans Fresh Fruit Fruit Crisp Milk</p>	<p>15 Ham & Egg Casserole Tri Tator Fruit Compote Pastry Bread/Milk</p>	<p>16 Spaghetti w/Meat Sauce Garlic Bread Coleslaw Applesauce Cookie Milk</p>	<p>17 <i>Thanksgiving Meal On-site, Carryout & Home Delivered Meals</i></p> <p><i>Menu on back</i></p> <p><i>Reserve this meal early! Reservations begin 11-1</i></p>
<p>19 Chicken Strips Mashed Potatoes/Gravy Green Beans Pears Cake Bread/Milk</p>	<p>20 Fish Filet Bun Oven Browned Potatoes Peas Mixed Fruit Lemon Pudding Milk</p>	<p>21 Salisbury Steak Mashed Potatoes/Gravy Carrots Peaches Granola Bar Bread/Milk</p>	<p>22 Polish Sausage Bun Macaroni & Cheese Sauerkraut Applesauce Brownie Milk</p>		
<p>26 Baked Ham Parslied Potatoes Corn Pineapple Cake Bread/Milk</p>	<p>27 Maidrite Bun Tri Tator Broccoli Peaches Cookie Milk</p>	<p>28 Lasagna Garlic bread Kidney Bean Salad Applesauce Fruit Crisp Milk</p>	<p>29 Stuffed Chicken Breast Party Potatoes Beets Fresh Fruit Fruited Jello Bread/Milk</p>	<p>30 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk</p>	
	<p><i>Fresh Conversations 12:15 pm</i></p>				

All menu items are subject to change if it reduces food costs.