

October 2024

4th Street Diner

Linda Lough 319.472.4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Maidrite/Bun Tri Tator Broccoli Peaches Brownie Milk Blood Pressure 11:15-12:15 10 Cent Bingo	2 Stuffed Chicken Breast Party Potatoes Carrots Pears Chocolate Pudding Bread/Milk	3 Sausage Gravy Biscuit Peas Mandarin Oranges Coffee Cake Bread/Milk	4 Bacon Wrapped Chicken Legs Dinner Roll Baked Beans Creamy Pasta Salad Fresh Fruit Red Fluff Milk
6 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake Bread/Milk	7 Swedish Meatballs Baked Potato Half Corn Mandarin Oranges Dessert Bar Bread/Milk	8 Chicken Broccoli Rice Casserole Beets Tropical Fruit Vanilla Pudding Bread/Milk	9 Salisbury Steak Mashed Potatoes/Gravy Carrots Applesauce Cookie Bread/Milk	10 Fish Filet Bun Waffle Fries Pea Salad Fresh Fruit Fruit Crisp Milk	11 Lasagna Garlic Bread Green Beans Pears Fruited Jello Milk
13 Chicken Strips Mashed Potatoes/Gravy Corn Mandarin Oranges Cake Bread/Milk	14 Ham & Beans Cornbread Mixed Vegetables Peaches Cookie Milk	15 Beef & Noodles Dinner Roll Green Beans Fresh Fruit Pie Milk Blood Pressure 11:15-12:15 10 Cent Bingo	16 Glazed Ham Balls Sweet Potatoes Cauliflower Pineapple Lime Delight Bread/Milk	17 Garlic Herb Chicken Breast Parslied Potatoes Carrots Applesauce Granola Bar Bread/Milk	18 Lemon Pepper Tilapia Seasoned Rice Broccoli Tropical Fruit Vanilla Pudding Bread/Milk
20 Baked Ham Parslied Potatoes Green Beans Pineapple Cake Bread/Milk	21 Spaghetti w/Meat Sauce Garlic Bread Kidney Bean Salad Applesauce Cookie Milk	22 Scalloped Ham & Potatoes Dinner Roll Carrots Tropical Fruit Fruited Jello Milk	23 Chicken ala King Biscuit Beets Peaches Brownie Milk	24 BBQ Pulled Pork/Bun Baked Beans Coleslaw Fresh Fruit Fruit Crisp Milk	25 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk
27 Roast Turkey Mashed Potatoes/Gravy Carrots Pears Cake Bread/Milk	28 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Applesauce Granola Bar Milk August Green, Story Teller 11:15 AM	29 Savory Chicken Breast Seasoned Rice Stir Fry Vegetables Mandarin Oranges Cookie Bread/Milk	30 Mushroom Pork Chop Mashed Potatoes/Gravy Corn Peaches Dessert Bar Bread/Milk	31 Beef Stew Cornbread Brussel Sprouts Apricots Rice Pudding Milk	

All menu items are subject to change if it reduces food costs.