



Pounds per Person

Feeding America's standard is 1.2 pounds per meal:
 1.2 pounds ÷ meals x 3 meals a day = 3.6 pounds per day

How many people?	Basic pounds (3 days food)	Good pounds (5 days of food)	GREAT pounds (7 days of food)
1	10.8	18	25.2
2	21.6	36	50.4
3	32.4	54	75.6
4	43.2	72	100.8
5	54	90	126
6	64.8	108	151.2
7	75.6	126	176.4
8	86.4	144	201.6

Monthly Pounds per Person Calculation:

(Total pounds from HACAP) + (total pounds you purchased or received through private donations) = **Total Pounds Distributed**

$$\text{(Total pounds distributed)} \div \text{(Total Individuals Served)} = \text{POUNDS PER PERSON}$$

This institution is an equal opportunity provider