



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Roast Turkey Mashed Potatoes/Gravy Carrots Pears Cake WW Bread/Margarine/Milk</p>	<p>2 BBQ Ribette w/Bun Green Beans Macaroni Salad Fresh Fruit Vanilla Pudding Milk</p>	<p>3 Savory Chicken Breast Party Potatoes Peas Peaches Dessert Bar WW Bread/Margarine/Milk</p>	<p>4 Spaghetti w/Meat Sauce Garlic Bread 3 Bean Salad Applesauce Cookie Milk</p>	<p>5 Cheesy Chicken Broccoli and Rice Casserole Beets Mixed Fruit Fruit Crisp WW Bread/Margarine/Milk</p>	<p>6 Salisbury Steak Mashed Potatoes/Gravy Carrots Pears Fruited Jello WW Bread/Margarine/Milk</p>
<p>8 Baked Ham Parslied Potatoes Green Beans Pineapple Cake WW Bread/Margarine/Milk</p>	<p>9 Lasagna Garlic Bread Mixed Vegetables Fresh Fruit Granola Bar Milk</p>	<p>10 Chicken Sandwich w/Bun Oven Brownd Potatoes Corn Pears Butterscotch Pudding Milk</p>	<p>11 </p>	<p>12 Beef Hot Dog w/Bun Potato Salad Baked Beans Peaches Chocolate Pudding Milk</p>	<p>13 Tuna Salad w/Pita Bread Lettuce w/French Dressing Tomato Spoon Salad Mixed Fruit Cookie Milk</p>
<p>15 Chicken Tenders Garlic Mashed Potatoes Corn Peaches Cake WW Bread/Margarine/Milk</p>	<p>16 Polish Sausage w/Bun Macaroni &amp; Cheese Sauerkraut Mixed Fruit Buttescotch Pudding Milk</p>	<p>17   <i>All HACAP Offices Closed for Annual Staff Meeting</i></p>	<p>18 Maidrite w/Bun Tri-Tator Broccoli w/Cheese Peaches Dessert Bar Milk</p>	<p>19 Crispy Pollack Oven Brownd Potatoes Green Beans Pears Lemon Fluff WW Bread/Margarine/Milk</p>	<p>20 Glazed Ham Balls Sweet Potatoes Cauliflower Applesauce Fruited Jello WW Bread/Margarine/Milk</p>
<p>22 Roast Pork Mashed Potatoes/Gravy Spinach Pears Cake WW Bread/Margarine/Milk</p>	<p>23 Chicken A La King Biscuit Beets Peaches Dessert Bar Milk</p>	<p>24 Scalloped Ham &amp; Potatoes Carrots Pineapple Fruited Jello WW Bread/Margarine/Milk</p>	<p>25 Dijon Meatballs Baked Potato Half Succotash Fresh Fruit Apple Crisp WW Bread/Margarine/Milk</p>	<p>26 Chicken Noodle Casserole Green Beans Mixed Fruit Cookie WW Bread/Margarine/Milk</p>	<p>27 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding WW Bread/Margarine/Milk</p>
<p>29 Roast Beef Mashed Potatoes/Gravy Carrots Mixed Fruit Cake WW Bread/Margarine/Milk</p>	<p>30 Chicken Parmesean w/Bun Tri-Tator Corn Peaches Cookie Milk</p>	<p>31 Bacon Cheeseburger Casserole Green Beans Applesauce Vanilla Pudding WW Bread/Margarine/Milk</p>	<p>Please call us to cancel or order a Carry Out or Home Delivered Meal  <b>by 10:00 am daily!</b>  Thanks, Thanks, and More Thanks!</p>	<p>To place your order, please call (319)472-4761, enter 1 or extension 2008 and leave a message with your order. <i>Messages left on any other phone will likely not be received in time.</i></p>	<p><b>Get your menu EARLY via email. To sign up please contact the site.</b></p>

All menu items are subject to change if it reduces food costs.