


October 2021

4th Street Diner

Linda Lough- (319)472-4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>31 Swiss Steak Parslied Potatoes Green Beans Pears Cake WW Bread/Margarine/Milk</p> 		<p>Please call us to cancel or order a Carry Out or Home Delivered Meal</p> <p>by 10:00 am daily!</p> <p>Thanks, Thanks, and More Thanks!</p>	<p>To place your order, please call (319)472-4761, enter 1 or extension 2008 and leave a message with your order.</p> <p><i>Messages left on any other phone will likely not be received in time.</i></p>		<p>1 Bacon Cheeseburger Casserole Mixed Vegetables Pears Dessert Bar WW Bread/Margarine/Milk</p>
<p>3 Chicken Tenders Mashed Potatoes/Gravy Corn Mixed Fruit Cake WW Bread/Margarine/Milk</p>	<p>4 Maidrite w/Bun Tri-Tators Broccoli w/Cheese Sauce Peaches Vanilla Pudding Milk</p>	<p>5 Battered Cod Filet Oven Browned Potatoes Green Beans Pears Lemon Fluff WW Bread/Margarine/Milk</p>	<p>6 Pepper Steak Rice Carrots Mixed Fruit Chocolate Dessert WW Bread/Margarine/Milk</p>	<p>7 Chicken A La King Biscuit Beets Applesauce Cookie Milk</p>	<p>8 Spaghetti w/Meat Sauce Garlic Bread Kidney Bean Salad Fresh Fruit Fruit Crisp Milk</p>
<p>10 Roast Pork Mashed Potatoes/Gravy Spinach Pears Cake WW Bread/Margarine/Milk</p>	<p>11 Savory Chicken Breast Parslied Potatoes Green Beans Pineapple Cookie WW Bread/Margarine/Milk</p>	<p>12 Glazed Ham Balls Sweet Potatoes Cauliflower Applesauce Lime Delight WW Bread/Margarine/Milk</p>	<p>13 Cheesy Chicken Noodle Casserole Peas Mixed Fruit Butterscotch Pudding WW Bread/Margarine/Milk</p>	<p>14 Beef Hot Dog w/Bun Macaroni & Cheese Baked Beans Peaches Cake Milk</p>	<p>15 Salisbury Steak Mashed Potatoes/Gravy Green Beans Pears Fruited Jello WW Bread/Margarine/Milk</p>
<p>17 Roast Beef Mashed Potatoes/Gravy Green Beans Peaches Cake WW Bread/Margarine/Milk</p>	<p>18 Scalloped Ham & Potatoes Carrots Applesauce Cookie WW Bread/Margarine/Milk</p>	<p>19 Lasagna Garlic Bread Corn Fresh Fruit Fruited Jello Milk</p>	<p>20 Lemon Pepper Cod Parslied Potatoes Winter Mix Vegetables Mixed Fruit Vanilla Pudding WW Bread/Margarine/Milk</p>	<p>21 Crispy Chicken Sandwich w/Bun Tri-Tator Corn Peaches Fruit Crisp Milk</p>	<p>22 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding WW Bread/Margarine/Milk</p>
<p>24 Roast Turkey Mashed Potatoes/Gravy Carrots Mixed Fruit Cake WW Bread/Margarine/Milk</p>	<p>25 BBQ Ribette w/Bun Green Beans Macaroni Salad Fresh Fruit Pie Milk</p>	<p>26 Dijon Meatballs Baked Potato Half Mixed Vegetables Peaches Chocolate Pudding WW Bread/Margarine/Milk</p>	<p>27 Chicken Broccoli Rice Casserole Beets Pears Cookie WW Bread/Margarine/Milk</p>	<p>28 Beef Stew Cornbread Brussel Sprouts Apricots Rice Pudding Milk</p>	<p>29 Stuffed Chicken Breast Party Potatoes Carrots Applesauce Dessert Bar WW Bread/Margarine/Milk</p>

All menu items are subject to change if it reduces food costs.