



Resources Offered By HACAP

Helping people develop skills to become successful and build strong communities...
Serving Benton, Dubuque, Delaware, Iowa, Jackson, Johnson, Jones, Linn and Washington Counties

Energy Assistance – LiHEAP (Low-income Heat Energy Assistance Program)

Energy crisis and bill payment assistance to elderly, disabled and low-income households who meet eligibility at 200% of the poverty guidelines.

- One time heating payment awarded annually – paid directly to utility provider
- Important to keep thorough records of income and health/medical related expenses
- Find your local energy site at hacap.org/energy or call 319-739-0100

Weatherization

Program to reduce utility costs by improving energy efficiencies to low-income households who meet eligibility at 200% of the poverty guidelines.

- Available to renters and homeowners who meet income eligibility
- Automatic enrollment with Energy Assistance participation, audit reveals needs
- Can provide insulation, water heater, furnace, etc. at no cost, until funds are exhausted

Hawki

Low-cost or no-cost health insurance for children under nineteen

- To qualify, child must be uninsured, ineligible for Medicaid, be a citizen and meet income guidelines
- Benefits include doctor's visits, dental care, eyeglasses, vaccinations, well-child visit, inpatient hospital services, prescription drugs, outpatient services, mental health services and case management support
- Contact your local HACAP site, call 319-739-1510

Family and Community Health Alliance

Health and nutrition services for maternal, infant and child health in Benton, Linn and Jones Counties

- Visit or call for program details and eligibility:
 - Urban Service Center 1328 2nd Ave. SE, 319-366-7632 ext 3001
 - Marion Service Center 640 14th St., Marion, IA 52302, (319) 200-8650
 - Anamosa WIC Office 105 Broadway Place Suite 11 2nd, 3rd & 4th Tuesdays 319-550-6311

Food

Food Banks are proud to partner with food pantries, meal sites, schools, and community organizations across our 9 county service area. Find a pantry closest to you, along with contact information on the map below at the links below:

- Benton, Linn, Jones, Iowa, Johnson, Cedar, and Washington counties, go to www.hacap.org and click on "Find a Food Pantry".
- Delaware county, please visit www.northeastiowafoodbank.org/locate/
- Dubuque and Jackson counties, please visit www.riverbendfoodbank.org/find-food/

Head Start

Federally funded program that provides children with activities that help them grow intellectually, socially, emotionally and physically

- Serves low-income families, pregnant mothers and children birth through five years of age, in the HACAP nine-county area at no cost
- Focus areas include health & safety, nutrition, education, parent involvement and career development
- Apply online at hacap.org/headstart. For questions call 319-393-7811 (press 4 for Head Start).

Family Learning Connection (FLC)

FLC provides Linn County families with group education, resources and connections that can help them raise healthy, school-ready children. Family Learning provides parenting information, advice and the support parents/caregivers through our free 6-8 week family learning groups.

- Email familylearning@hacap.org, call (319) 739-0022, or visit hacap.org/flc for more information.

WIC

Supplemental Nutrition program for low-income women, infants and children up to age five

- Provides nutritious foods to supplement diets, nutrition education, and referrals to healthcare and other services
- Visit or call for program details and eligibility
 - Urban Office, 1328 2nd Ave. SE, 319-366-7632 ext. 1202
 - Marion Office, 640 14th St., Marion, IA 52302, (319) 200-8650
 - Anamosa WIC Office, 105 Broadway Place Suite 11 2nd, 3rd & 4th Tuesdays 319-550-6311

Housing

- Affordable housing units that are prioritized for homeless and low-income households
- Permanent Housing managed by HACAP for low-income families with children and individuals
 - Units in Linn County for residents that meet HUD guidelines or have Section 8 voucher (Johnson, Benton, and Washington Counties)
- Chronically Homeless Housing in Linn County provides safe housing for continuously homeless adult individuals
 - Assists residents in creating an action plan for reactivating their community engagement
- SSVF – Supportive Services for Veterans Families is a new housing initiative that helps improve the housing stability of low-income veterans.
 - Benefits of this program include referrals for health care, daily living, personal financial planning, employment/training and fiduciary/payee services.
 - Temporary financial assistance is also available for rental arrearage, utilities, moving expenses, security deposits, transportation and child care.
 - Benton/Linn County Call: 319-366-7631
 - Johnson County Call: 319-337-5765
 - Washington County Call: 319-653-7632

If you would like to learn more, participate or get involved in these services that share in the success of our community please contact HACAP at info@hacap.org .