

SUNDAY

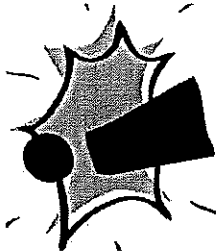
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



When the 4th Street Diner closes for inclement/winter weather we will notify KCRG and KGAN to post on their websites and television channels. Please look for: "HACAP Vinton Meal Site". When Benton County Transportation is closed, the meal site is closed. I will email a closing notice to everyone who has signed up to receive the menu via email. If you receive Home Delivered Meals and you do not have email, you can request to be added to a courtesy call list beginning November 1, 2024.

DID YOU KNOW? In Vinton meal site is often open even though the schools may have closed.

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| | | | | | | | | 1 Sausage Links Hashbrown Casserole Mini Waffles Fresh Fruit Pastry Milk |
| 3 Swiss Steak Parslied Potatoes Green Beans Peaches Cake Bread/Milk | 4 Chicken Noodle Casserole Dinner Roll Beets Pears Cookie Milk | 5 Swedish Meatballs Twice Baked Potato Carrots Applesauce Cake Bread/Milk Blood Pressure 11:15-12:15 10 Cent Bingo | 6 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Tropical Fruit Vanilla Pudding Milk | 7 Beef Tips Rice Peas Mandarin Oranges Granola Bar Bread/Milk | 8 Chicken Biscuit Casserole Green Beans Fresh Fruit Dessert Bar Bread/Milk | | | |
| 10 Baked Ham Baked Potato Half Corn Pineapple Cake Bread/Milk | 11 Lemon Pepper Tilapia Sweet Potatoes Brussel Sprouts Pears Chocolate Fudge Bread/Milk | 12 Lasagna Garlic Bread Green Beans Mandarin Oranges Cookie Milk | 13 Bacon Ranch Chicken Breast Carrots Tropical Fruit Brownie Milk | 14 Bratwurst Patty/Bun Baked Beans Coleslaw Fruited Jello Milk | 15 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk | | | |
| 17 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake Bread/Milk | 18 Savory Chicken Breast Seasoned Rice Stir Fry Vegetables Applesauce Dessert Bar Bread/Milk | 19 Maidite/Bun Tri Tator Broccoli Pears Cookie Milk Blood Pressure 11:15-12:15 10 Cent Bingo | 20 Scalloped Ham & Potatoes Dinner Roll Beets Fresh Fruit Fruit Crisp Milk | 21 Crispy Pollack Oven Browned Potatoes Mixed Vegetables Tropical Fruit Lemon Fluff Bread/Milk | 22 Roast Turkey/Dressing Mashed Potatoes/Gravy Green Bean Casserole Cranberry Jello Salad Pie Dinner Roll/Milk Thanksgiving Dinner | | | |
| 24 Chicken Strips Mashed Potatoes/Gravy Corn Mandarin Oranges Cake Bread/Milk | 25 Spaghetti w/Meat Sauce Garlic Bread Coleslaw Fresh Fruit Cookie Milk August Green, Story Teller 11:15 AM | 26 Glazed Ham Balls Sweet Potatoes Cauliflower Pineapple Lime Delight Bread/Milk | 27 Teryaki Salmon Seasoned Rice Peas Peaches Granola Bar Bread/Milk | 28 Happy Thanksgiving | 29 | | | |

All menu items are subject to change if it reduces food costs.