

September 2024

**4th Street Diner**

Linda Lough 319.472.4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked Ham Parslied Potatoes Peas Pineapple Cake Bread/Milk	2 	3 Salisbury Steak Mashed Potatoes/Gravy Carrots Pears Brownie Bread/Milk Blood Pressure 11:15-12:15 10 Cent Bingo	4 Garlic Herb Chicken Breast Baked Potato Half Broccoli Peaches Fruited Jello Bread/Milk	5 Lasagna Garlic Bread Green Beans Applesauce Cookie Milk	6 Stuffed Pork Chop Party Potatoes Brussel Sprouts Apricots Rice Pudding Bread/Milk
8 Chicken Strips Mashed Potatoes/Gravy Corn Tropical Fruit Cake Bread/Milk	9 Bratwurst Bun Baked Beans Creamy Pasta Salad Fresh Fruit Fruit Crisp Milk	10 Impossible Cheeseburger P Dinner Roll Carrots Pears Cookie Milk	11 Chicken Broccoli Rice Casserole Beets Pineapple Vanilla Pudding Bread/Milk	12 Glazed Ham Balls Sweet Potatoes Cauliflower Peaches Sunshine Salad Bread/Milk	13 Shrimp Scampi Bake Buttered Bow Tie Pasta Mixed Vegetables Applesauce Granola Bar Bread/Milk
15 Roast Pork Mashed Potatoes/Gravy Spinach Mandarin Oranges Cake Bread/Milk	16 Savory Chicken Breast Seasoned Rice Stir Fry Vegetables Pineapple Dessert Bar Bread/Milk	17 Maidrite/Bun Waffle Fries Broccoli Peaches Cake Milk Blood Pressure 11:15-12:15 10 Cent Bingo	18 Pork Medallions in Gravy Mashed Potatoes/Gravy Green Beans Tropical Fruit Chocolate Pudding Bread/Milk	19 Chicken Salad Croissant Tomato Spoon Salad Lettuce Salad Fresh Fruit Cookie Milk	20 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk
22 Roast Turkey Mashed Potatoes/Gravy Green Beans Peaches Cake Bread/Milk	23 Spaghetti w/Meat Sauce Garlic Bread Coleslaw Fresh Fruit Cookie Milk Fresh Conversations 12:15 PM	24 Scalloped Ham & Potatoes Dinner Roll Beets Applesauce Granola Bar Milk	25 Beef Tips Rice Carrots Tropical Fruit Pie Bread/Milk	26 Sausage Links French Toast Bake Cheesy Eggs Mandarin Oranges Fruit Crisp Milk	27 Crispy Chicken Patty Bun Waffle Fries Corn Pears Chocolate Pudding Milk
29 Swiss Steak Parslied Potatoes Peas Peaches Cake Bread/Milk	30 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Applesauce Cookie Milk	<b>URGENT REMINDERS!</b> Reservations are required for all meals by 10:00 am on the day you want to eat it. This includes on-site, carryout outs, and home delivered meals.  One must reserve a meal to participate in any meal site activity.			Reservations for on-site and carryout meals can be made up to 3 days in advance of the day you want to eat.

**All menu items are subject to change if it reduces food costs.**