



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mushroom Steak Mashed Potatoes/Gravy Green Beans Tropical Fruit Cake Bread/Milk	2 Chicken Broccoli Rice Casserole Beets Mandarin Oranges Vanilla Pudding Bread/Milk	3 Beef & Noodles Dinner Roll Peas Pears Dessert Bar Milk Blood Pressure 11:15-12:15 10 Cent Bingo	4 Stuffed Chicken Breast Party Potatoes Carrots Fresh Fruit Cookie Bread/Milk	5 Maidrite/Bun Tri Tator Broccoli Peaches Fruited Jello Milk	6 Bacon Wrapped Chicken Legs Dinner Roll Baked Beans Pasta Salad Applesauce Fruit Cisp Milk
8 Roast Pork Mashed Potatoes/Gravy Spinach Mandarin Oranges Cake Bread/Milk	9 Lasagna Garlic Bread Corn Fresh Fruit Chocolate Pudding Milk	10 Chicken Biscuit Casserole Green Beans Tropical Fruit Granola Bars Bread/Milk	11 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk	12 Lemon Pepper Tilapia Parslied Potatoes Brussel Sprouts Peaches Cookie Bread/Milk	13 Sausage Links Hashbrown Casserole Mini Waffles Fresh Fruit Pastry Milk
15 Roast Turkey Mashed Potatoes/Gravy Carrots Pears Cake Bread/Milk	16 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Fresh Fruit Granola Bar Milk	17 Salisbury Steak Mashed Potatoes/Gravy Green Beans Peaches Vanilla Pudding Bread/Milk Blood Pressure 11:15-12:15 10 Cent Bingo	18 Glazed Ham Balls Sweet Potatoes Cauliflower Pineapple Lime Delight Bread/Milk	19 Savory Chicken Breast Seasoned Rice Stir Fry Vegetables Applesauce Dessert Bar Bread/Milk	20 Roast Beef Mashed Potatoes/Gravy Candied Carrots Tropical Fruit Pie Dinner Roll/Milk
22 Chicken Strips Mashed Potatoes/Gravy Corn Peaches Cake Bread/Milk	23 Ham & Potato Soup Cornbread Green Beans Pears Cookie Milk	24  MERRY Christmas	25 	26 Crispy Pollack Oven Brownd Potatoes Peas Mandarin Oranges Lemon Fluff Bread/Milk	27 Crispy Chicken Patty Bun Waffle Fries Carrots Applesauce Fruited Jello Milk
29 Baked Ham Parslied Potatoes Green Beans Pineapple Cake Bread/Milk	30 Spaghetti w/Meat Sauce Garlic Bread Coleslaw Peaches Cookie Milk August Green, Story Teller 11:15 AM	31 BBQ Pulled Pork/Bun Baked Beans Pasta Salad Fresh Fruit Fruit Crisp Milk	When the 4 th Street Diner closes for inclement/winter weather we will notify KCRG and KGAN to post on their websites and television channels. Please look for: "HACAP Vinton Meal Site" . When Benton County Transportation is closed, the meal site is closed. I will email a closing notice to everyone who has signed up to receive the menu via email. If you receive Home Delivered Meals and you do not have email, you can request to be added to a courtesy call list beginning November 1, 2024. DID YOU KNOW? In Vinton meal site is often open even though the schools may have closed.		

All menu items are subject to change if it reduces food costs.