




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>To sign up for an early copy of the menu please send an email to <a href="mailto:llough@hacap.org">llough@hacap.org</a> and write "Menu Request" in the Subject Line.</p>		<p>Cell Phone Text Alerts Available for Weather Related Closings. Sign up with Linda or Tanja</p>		<p>1 Cheesy Bacon Ranch Chicken Buttered Noodles Carrots Pears Fruit Crisp Bread/Milk</p>	<p>2 Pulled Pork Bun Baked Beans Coleslaw Fresh Fruit Dessert Bar Milk</p>
<p>4 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake Bread/Milk</p>	<p>5 Spaghetti w/Meat Sauce Garlic Bread Green Beans Fresh Fruit Cookie Milk</p>	<p>6 Scalloped Ham &amp; Potatoes Corn Applesauce Fruited Jello Bread/Milk</p>	<p>7 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk</p>	<p>8 Stuffed Chicken Breast Party Potatoes Green Beans Peaches Dessert Bar Bread/Milk</p>	<p>9 Swedish Meatballs Baked Potato Half Cooked Cabbage Mixed Fruit Vanilla Pudding Bread/Milk</p>
<p>11 Roast Turkey Mashed Potatoes/Gravy Carrots Mandarin Oranges Cake Bread/Milk</p>	<p>12 Ham &amp; Beans Cornbread Mixed Vegetables Pineapple Chocolate Pudding Milk</p>	<p>13 Chicken A La King Biscuit Beets Peaches Dessert Bar Milk</p> <p><i>Blood Pressure Clinic 11-12</i></p>	<p>14 Lasagna Garlic bread Green Beans Pears Cookie Milk</p>	<p>15 Crispy Pollack Oven Browned Potatoes Corn Mixed Fruit Lemon Fluff Bread/Milk</p>	<p>16 Roast Beef Mashed Potatoes/Gravy Candied Carrots Fruit Salad Pie Dinner Roll/Milk</p> <p><i>Roster &amp; Riggle Holiday Music</i></p>
<p>18 Chicken Strips Mashed Potatoes/Gravy Corn Mixed Fruit Cake Bread/Milk</p>	<p>19 Polish Sausage Bun Macaroni &amp; Cheese Sauerkraut Pears Cookie Milk</p>	<p>20 Chicken Noodle Casserole Beets Fresh Fruit Fruit Crisp Bread/Milk</p>	<p>21 Glazed Ham Balls Sweet Potatoes Cauliflower Applesauce Lime Delight Bread/Milk</p>	<p>22 Beef Stew Cornbread Brussel Sprouts Apricots Rice Pudding Milk</p>	<p>23</p> 
<p>25</p> 	<p>26</p> 	<p>27 Crispy Chicken Patty Bun Tri-Tator Corn Mixed Fruit Cookie Milk</p> <p><i>Blood Pressure Clinic 11-12</i></p>	<p>28 Lemon Pepper Tilapia Seasoned Rice Peas Pears Lemon Pudding Bread/Milk</p>	<p>29 BBQ Riblette Bun Oven Browned Potatoes Baked Beans Fresh Fruit Dessert Bar Milk</p>	<p>30 Savory Chicken Sweet Potatoes Stir Fry Vegetables Mixed Fruit Cake Bread/Milk</p>