


September 2023

# 4th Street Diner

Linda Lough- (319) 472-4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>10 Cent Bingo with Keith for On-Site Meal Participants starts at 12:15 pm on September 5th and 19th.</p>				<p>1 Crispy Chicken Patty Bun Tri Tator Corn Mandarin Oranges Cookie</p>
<p>3 Baked Ham Parslied Potatoes Green Beans Pineapple Cake Bread/Milk</p>	<p>4</p> <div style="border: 2px solid red; padding: 10px; text-align: center;"> <p><b>CLOSED</b> — for — <b>LABOR DAY</b></p> <p><small>© SIGNPRINTO.COM</small></p> </div>	<p>5 Stuffed Pepper Casserole Carrots Peaches Cake Bread/Milk</p>	<p>6 Chicken Noodle Casserole Beets Applesauce Cookie Bread/Milk</p>	<p>7 Crispy Pollack Oven Browned Potatoes Broccoli Mixed Fruit Lemon Fluff Bread/Milk</p>	<p>8 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk</p>
<p>10 Roast Turkey Mashed Potatoes/Gravy Carrots Peaches Cake Bread/Milk</p>	<p>11 Sloppy Joe Bun Baked Beans Coleslaw Fresh Fruit Cookie Milk</p>	<p>12 Savory Chicken Breast Parslied Potatoes Corn Applesauce Granola Bar Bread/Milk</p>	<p>13 Glazed Ham Balls Sweet Potatoes Cauliflower Pineapple Lime Delight Bread/Milk</p>	<p>14 Chicken A La King Biscuit Beets Pears Fruit Crisp Milk</p>	<p>15 Beef Stew Cornbread Brussel Sprouts Apricots Rice Pudding Milk</p>
<p>17 Roast Pork Mashed Potatoes/Gravy Spinach Mixed Fruit Cake Bread/Milk</p>	<p>18 Stuffed Chicken Breast Party Potatoes Carrots Peaches Vanilla Pudding Bread/Milk</p>	<p>19 Swedish Meatballs Baked Potato Half Broccoli Pears Cookie Bread/Milk</p>	<p>20 Polish Sausage Bun Macaroni &amp; Cheese Sauerkraut Applesauce Granola Bar Milk</p>	<p>21 Spaghetti w/Meat Sauce Garlic Bread Corn Mixed Fruit Pie Milk</p>	<p>22 Shoulder Bacon Cheese Sliders Oven Browned Potatoes Coleslaw Fresh Fruit Fruited Jello Milk</p>
<p>24 Chicken Strips Mashed Potatoes/Gravy Corn Mandarin Oranges Cake Bread/Milk</p>	<p>25 Lasagna Garlic bread Green Beans Pears Chocolate Pudding Milk</p>	<p>26 Fish Filet Bun Tri Tator Pea Salad Fresh Fruit Fruit Crisp Milk</p>	<p>27 Mushroom Pork Chop Mashed Potatoes/Gravy Corn Applesauce Cookie Bread/Milk</p>	<p>28 Chicken Broccoli Rice Casserole Beets Peaches Pastry Bread/Milk</p>	<p>29 Scalloped Ham &amp; Potatoes Carrots Mixed Fruit Dessert Bar Bread/Milk</p>

Blood Pressures 11:15-12:15  
10 Cent Bingo

Grab Bag Thursday

Fresh Conversations 12:15 pm

\*\*\* All menu items are subject to change if it reduces food costs. \*\*\*