

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

When the 4th Street Diner closes for inclement/winter weather we will send an email to everyone who has signed up to receive the menu via email. You can sign up by sending an email to llough@hacap.org. Put menu in the subject line. You will receive a confirmation email to respond to. Once you respond you will be added to the email list. Thanks!

				1 Sausage Gravy Biscuit Carrots Mixed Fruit Brownie Bread/Milk	2 Bacon Ranch Chicken Breast Buttered Noodles Beets Peaches Cake Bread/Milk
4 Baked Ham Parslied Potatoes Green Beans Pineapple Cookie Bread/Milk	5 Swedish Meatballs Baked Potato Half Carrots Pears Chocolate Pudding Bread/Milk	6 Chicken Strips Oven Browned Potatoes Corn Mixed Fruit Cake Bread/Milk Blood Pressure 11:15-12:15 10 Cent Bingo	7 Applewood Pork Medallions Baked Beans Coleslaw Fresh Fruit Fruit Crisp Milk	8 Savory Chicken Breast Sweet Potatoes Broccoli Applesauce Fruited Jello Bread/Milk	9 Meatloaf Mashed Potatoes/Gravy Peas Pears Bread Pudding Bread/Milk
11 Mushroom Steak Mashed Potatoes/Gravy Carrots Peaches Cake Bread/Milk	12 Chicken ala King Biscuit Beets Mixed Fruit Cookie Milk	13 Lasagna Garlic Bread Green Beans Pears Fruit Crisp Milk	14 Salmon Loaf Parslied Potatoes Creamed Peas Mandarin Oranges Lemon Fluff Bread/Milk	15 Chili Cornbread Brussel Sprouts Apricots Rice Pudding Bread/Milk	16 Fish Filet Bun Tri Tator Corn Applesauce Milk
18 Roast Turkey Mashed Potatoes/Gravy Peas Mixed Fruit Cookie Bread/Milk	19 	20 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Pears Cake Milk Blood Pressure 11:15-12:15 10 Cent Bingo	21 Beef Tips in Gravy Rice Peas Peaches Fruited Jello Bread/Milk	22 Glazed Ham Balls Sweet Potatoes Cauliflower Pineapple Lime Delight Bread/Milk	23 Crispy Pollack Oven Browned Potatoes Broccoli Applesauce Lemon Pudding Bread/Milk
25 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake Bread/Milk	26 Spaghetti w/Meat Sauce Garlic Bread Coleslaw Fresh Fruit Granola Bar Milk Fresh Conversations 12:15 PM	27 Ham & Beans Cornbread Carrots Applesauce Dessert Bar Milk	28 Crispy Chicken Patty Bun Tri Tator Corn Mandarin Oranges Cookie Milk	29 Beef & Noodles Bun Green Beans Pears Vanilla Pudding Milk	

**All menu items are subject to change if it reduces food costs.**