


May 2023

# 4th Street Diner

Linda Lough- (319) 472-4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>10 Cent Bingo with Keith for On-Site Meal Participants starts at 12:15 pm.</p>			<p>1 Chicken A La King Biscuit Carrots Pears Pie Milk</p>	<p>2 Swiss Steak Parslied Potatoes Peas Applesauce Cereal Bar Bread/Milk</p>
<p>4 Roast Turkey Mashed Potatoes/Gravy Green Beans Mixed Fruit Cake Bread/Milk</p>	<p>5 Swedish Meatballs Oven Brownd Potatoes Corn Apricots Granola Bar Bread/Milk</p>	<p>6 Chicken Noodle Casserole Beets Mandarin Oranges Cookie Bread/Milk</p>	<p>7 Ham &amp; Beans Cornbread Carrots Pears Chocolate Pudding Milk</p>	<p>8 Savory Chicken Breast Seasoned Rice Broccoli Pineapple Fruited Jello Bread/Milk</p>	<p>9 Sloppy Joe Bun Tri-Tator Pea Salad Fresh Fruit Dessert Bar Milk</p>
		<p><i>Blood Pressures 11:15-12:15</i> 10 Cent Bingo</p>			
<p>11 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake Bread/Milk</p>	<p>12 Crispy Chicken Patty Bun Pasta Salad Carrots Pears Fruit Crisp Milk</p>	<p>13 Spaghetti w/Meat Sauce Garlic Bread Corn Applesauce Kit Kat Dessert Milk</p>	<p>14 BBQ Pulled Pork Bun Baked Beans Coleslaw Fresh Fruit Cookie Milk</p>	<p>15 Scalloped Ham &amp; Potatoes Green Beans Mixed Fruit Chocolate Pudding Bread/Milk</p>	<p>16 Meatloaf Mashed Potatoes/Gravy Peas Apricots Bread Pudding Bread/Milk</p>
<p>18 Mushroom Steak Mashed Potatoes/Gravy Carrots Mixed Fruit Cake Bread/Milk</p>	<p>19 Polish Sausage Bun Macaroni &amp; Cheese Sauerkraut Applesauce Cookie Milk</p>	<p>20 Crispy Pollack Oven Brownd Potatoes Green Beans Peaches Lemon Fluff Bread/Milk</p>	<p>21 Beef Stew Cornbread Brussel Sprouts Apricots Rice Pudding Milk</p>	<p>22 Ham &amp; Egg Casserole Tri Tator Fruit Compote Pastry Bread/Milk</p>	<p>23 Lasagna Garlic bread Coleslaw Pears Dessert Bar Milk</p>
		<p><i>Blood Pressures 11:15-12:15</i> 10 Cent Bingo</p>		<p><b>Grab Bag Thursday</b></p>	
<p>25 Chicken Strips Mashed Potatoes/Gravy Corn Mandarin Oranges Cake Bread/Milk</p>	<p>26 Stuffed Pork Chop Party Potatoes Peas Mixed Fruit Vanilla Pudding Bread/Milk</p>	<p>27 Fish Filet Bun Creamy Pasta Salad Green Beans Fresh Fruit Fruit Crisp Bread/Milk</p>	<p>28 Glazed Ham Balls Sweet Potatoes Cauliflower Pineapple Lime Delight Bread/Milk</p>	<p>29 Chicken Pot Pie Beets Peaches Cookie Bread/Milk</p>	<p>30 Beef Tips Rice Broccoli Applesauce Dessert Bar Bread/Milk</p>
	<p><i>Fresh Conversations 12:30 pm</i></p>				

\*\*\* All menu items are subject to change if it reduces food costs. \*\*\*