

August 2020**4th Street Diner**

Linda Lough- (319)472-4761

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Swiss Steak Parslied Potatoes Green Beans Peaches Cake WW Bread/Margarine/Milk	3 Cheesy Chicken Rice Broccoli Casserole Beets Mixed Fruit Vanilla Pudding WW Bread/Margarine/Milk	4 Spaghetti w/Meat Sauce Garlic Bread 3 Bean Salad Fresh Fruit Cookie Milk	5 BBQ Ribette/Bun Green Beans Macaroni Salad Apple Dessert Bar Milk	6 Nacho Hamburger Casserole Corn Pears Chocolate Pudding WW Bread/Margarine/Milk	7 Glazed Ham Balls Sweet Potatoes Cauliflower Applesauce Cookie WW Bread/Margarine/Milk
9 Roast Turkey Mashed Potatoes/Gravy Carrots Pears Cake WW Bread/Margarine/Milk	10 Maidrite/Bun Baked Potato Half Broccoli/Cheese Sauce Peaches Dessert Bar Milk	11 Chicken A La King Biscuit Beets Mixed Fruit Cookie Milk	12 Meat Loaf Mashed Potatoes/Gravy Peas Pears Bread Pudding WW Bread/Margarine/Milk	13 Polish Sausage/Bun Macaroni & Cheese Sauerkraut Peaches Vanilla Pudding Milk	14 Lasagna Garlic Bread Green Beans Mixed Fruit Cookie Milk
16 Baked Glazed Ham Baked Potato Half Carrots Pineapple Cake WW Bread/Margarine/Milk	17 Marinated Chicken Breast Parslied Potatoes Beets Mixed Fruit Cookie WW Bread/Margarine/Milk	18 Sausage Gravy Biscuit Peas Peaches Dessert Bar Milk	19 Fish Fillet/Bun Tator Triangles Carrots Peas Vanilla Pudding Milk	20 Dijon Meatballs Oven Brownd Potatoes Corn Applesauce Cookie WW Bread/Margarine/Milk	21 Scalloped Ham & Potatoes Green Beans Pineapple Dessert Bar WW Bread/Margarine/Milk
23 Crispy Chicken Tenders Mashed Potatoes/Gravy Corn Mixed Fruit Cake WW Bread/Margarine/Milk	24 Salisbury Steak Oven Brownd Potatoes Carrots Pears Dessert Bar WW Bread/Margarine/Milk	25 Stuffed Chicken Breast Party Potatoes Beets Peaches Cookie WW Bread/Margarine/Milk	26 Bacon Cheeseburger Casserole Green Beans Applesauce Vanilla Pudding WW Bread/Margarine/Milk	27 BBQ Pulled Pork/Bun Baked Beans Corn Mixed Fruit Dessert Bar Milk	28 Beef Stew Cornbread Brussel Sprouts Peaches Rice Pudding Milk
30 Roast Pork Mashed Potatoes/Gravy Spinach Peaches Cake WW Bread/Margarine/Milk	31 Chicken Noodle Casserole Green Beans Applesauce Cookie WW Bread/Margarine/Milk			Get your menu EARLY via email. To sign up please contact the site.	Please call us to cancel or order a Carry Out or Home Delivered Meal by 10:00 am daily! Thanks, Thanks, and More Thanks!

All menu items are subject to change if it reduces food costs.