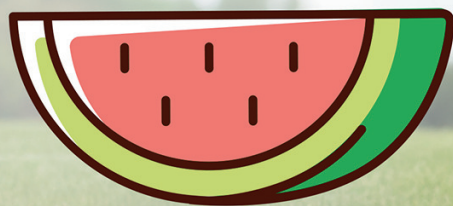


Healthy Kids Iowa

from Iowa HHS



Iowa Kids Growing Up Healthy

Iowa families who qualify for the Healthy Kids Iowa Pilot Program get expanded access to additional food throughout June, July, and August, such as fruits, vegetables, dairy items, grains, and proteins.

How it Works



Families will complete the TEFAP application at each site and self-attest to eligibility (see below) to be approved for the program. Each child will receive up to \$40 of food per month in June, July and August.



Healthy Kids Iowa food is only available one time per month, per eligible child for the months of June, July and August.



You may only visit one site per month for Healthy Kids Iowa foods. Each site will have a monthly limit of children that can be served.

Eligibility Requirements

- Households with children aged 4 to 18 at 185% or below the Federal Poverty Level (FPL).
- Households that are eligible for The Emergency Food Assistance Program (TEFAP) with children aged 4 to 18, are eligible to participate in this program.

Sign Up for Updates

To sign up for updates about the Healthy Kids Iowa Pilot Program, visit **hhs.iowa.gov/healthy-kids-iowa** or scan the QR code.

