Spinach   Mandarin Oranges   Peaches   Peach	December 2025	4th Street Diner			Linda Lough 319.472.4761		
Savory Chicken Breast Seasoned Rice Site Fry Vegetables Mandarin Oranges Vanilla Pudding Bread/Milk Site Coskie Beef & Moodles Dinner Roll Corrots Corn Peaches Peaches Peaches Peaches Peaches Peaches Peaches Peaches Peaches Peach Broad/Milk Blood Pressure 11:15-12:15 10 Cent Bingo  7 Roast Pork Mashed Potatoes/Gravy Spinach Mandarin Oranges Cake Cookie Peaches Salisbury Steak Mashed Potatoes/Gravy Green Beans Peaches Peaches Peaches Peaches Salisbury Steak Mashed Potatoes/Gravy Green Beans Peaches	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Seasoned Rice Stir Fry Vegetables Mandarin Oranges Vanilla Pudding Bread/Milk Biood Pressure 11.15-12:15  Roast Pork Mashed Potatoes/Gravy Mandarin Oranges Vanilla Pudding Bread/Milk Biood Pressure 11.15-12:15  Roast Pork Mashed Potatoes/Gravy Mashed Potatoes/Gravy Spinach Mandarin Oranges Carrots Bread/Milk Bicose at 12:45 pm  14		1	2	1 -	4	5	
Stir Fry Vegetables Mandarin Oranges Vanilla Pudding Bread/Milk Biod Pressure 11:15-12:15 To Cent Bingo Packs Pack		Savory Chicken Breast	Beef & Noodles	Scalloped Chicken			
Mandarin Oranges   Vanilla Pudding   Bread/Milk   Blood Pressure 11-15-12-15   Bread/Milk   Bread/M			Dinner Roll	Mashed Potatoes/Gravy	& Potato Bake	Garlic Bread	
Vanilla Pudding   Bread/Milk   Blood Pressure 11:15-12:15   10 Cent Bingo   10 Cent Bingo   11 Cent Bingo   11 Tri Tator   Biscuit   Dinner Roll   Carrots   Squash   Peas   Pe		Stir Fry Vegetables	Carrots	Corn	Green Beans		
Bread/Milk  Bread/			Peaches		Applesauce	Fresh Fruit	
Roast Pork   Maidrite/Bun   Sausage Gravy   Spinach   Tri Tator   Broccoli   Green Beans   Carrots   Carenbas at 12:45 pm   Sausage/Bun   Maidrite/Bun   Sausage/Bun   Machael Potatoes/Gravy   Spinach   Milk   M		Vanilla Pudding	Cookie	Dessert Bar	Granola Bar	Fruited Jello	
Roast Pork Mashed Potatoes/Gravy Spinach Marked Potatoes/Gravy Site closes at 12:45 pm  14 Roast Turkey Roast Potatoes/Gravy Site closes at 12:45 pm  15 Site closes at 12:45 pm  27 Swiss Steak Preash Roast Pork Maldrite/Bun Tri Tator Biscuit Green Beans Cake Bread/Milk  Site closes at 12:45 pm  15 Site closes at 12:45 pm  28 Swiss Steak Parsile Potatoes Green Beans Pread/Milk  Bread/Milk  Bread/Milk		Bread/Milk		4	Milk	Milk	
Roast Pork Mashed Potatoes/Gravy Spinach Marcoli Fresh Fruit Peaches P			Blood Pressure 11:15-12:15				
Roast Pork Mashed Potatoes/Gravy Spinach Marked Potatoes/Gravy Spinach Mandarin Oranges Cake Bread/Milk  Site closes at 12:45 pm Mashed Potatoes/Gravy Green Beans Peaches Cake Bread/Milk  Site closes at 12:45 pm Mashed Potatoes/Gravy Green Beans Bread/Milk  Site closes at 12:45 pm  10  11  12  13  14  15  15  16  16  17  17  18  18  19  19  19  19  19  19  19  19			10 Cent Bingo				
Mashed Potatoes/Gravy Spinach Broccoli Green Beans Carrots Applesauce Pears Lec Cream Dessert Bread/Milk  Site closes at 12:45 pm  14 Roast Turkey Mashed Potatoes/Green Beans Caren Beans Peaches Polish Sausage/Bun Mashed Potatoes/Gravy Carrots Bread/Milk Blood Pressure 11:15-12:15  16 Salisbury Steak Mashed Potatoes/Gravy Carrots Carrots Squash Applesauce Pears Lec Cream Dessert Bread/Milk Bread/Milk Bread/Milk Blood Pressure 11:15-12:15  17 Battered Pollack Oven Browned Potatoes Oven Browned Potatoes Oven Browned Potatoes Oven Browned Potatoes Bread/Milk Blood Pressure 11:15-12:15  Site closes at 12:45 pm  21 Symiss Steak Pears Green Beans Green Beans Green Beans Bread/Milk Blood Pressure 11:15-12:15 Doctor Biggo  22 Swiss Steak Bread Potatoes Green Beans Green B	7		9	10	11		
Spinach Mandarin Oranges Cake Coake Bread/Milk  Site closes at 12:45 pm  14  Roast Turkey Mashed Potatoes/Gravy Green Beans Bread/Milk  Milk  Mashed Polatoding Mashed Polatodes/Gravy Green Beans  Read/Milk  Milk  Mashed Potatoes/Gravy Green Beans  Read/Milk  Milk  Milk  Mashed Potatoes/Gravy Green Beans  Read/Milk  Milk  Milk  Milk  Mashed Potatoes/Gravy Green Beans  Pears  Dinner Roll/Milk  Clinistmas: Dint  Cookie  Bread/Milk  Milk  Clinistmas: Dint  Cookie  Bread/Milk  Milk  Milk  Milk  Milk  Milk  Milk  Milk  Milk  Mashed Potatoes/Gravy Coren Browned Potatoes  Green Beans  Pears  Cereal Bar  Cocolate Pudding  Peach Dessert  Milk  Clinistmas: Dint  Clinistmas: Dint  Clinistmas: Dint  Cookie  Bread/Milk  Clinistmas: Dint  Cookie  Bread/Milk  Cookie  Bread/Milk  Milk  Clinistmas: Dint  Cookie  Mandarin Oranges  Cookie  Mandarin Oranges  Cookie  Mandarin Oranges  Cookie  Cookie  Mandarin Oranges  Cookie  Cookie	Roast Pork	Maidrite/Bun	Sausage Gravy	Chicken Tortilla Casserole		Meatloaf	
Mandarin Oranges Cake Cookie Pastry Wanilla Pudding lce Cream Bread/Milk  Site closes at 12:45 pm  14  Roast Turkey Mashed Potatoes/Gravy Green Beans Bread/Milk	Mashed Potatoes/Gravy	Tri Tator	Biscuit	Dinner Roll	Baked Potato Half	Mashed Potatoes/Gravy	
Carke Bread/Milk Milk Milk Milk Milk Bread/Milk Bread/M	Spinach	Broccoli	Green Beans	Carrots	Squash	Peas	
Bread/Milk  Site closes at 12:45 pm  Blood Pressure 11:15-12:15  14  Roast Turkey Polish Sausage/Bun Mashed Potatoes/Gravy Green Beans Peaches Cake Cake Cake Cake Bread/Milk Blood Pressure 11:15-12:15  Site closes at 12:45 pm  21  Site closes at 12:45 pm  22  Swedish Meatballs Glazed Ham Hashbrown Casserd Mixed Vegetables Peach Dessert Bar Bread/Milk Blood Pressure 11:15-12:15  Site closes at 12:45 pm  21  Substance Bread/Milk Bread/Mil	Mandarin Oranges	Peaches	Fresh Fruit	Tropical Fruit	Applesauce	Pears	
Site closes at 12:45 pm	Cake	Cookie	Pastry	Vanilla Pudding	Ice Cream	Dessert	
14 Roast Turkey Mashed Potatoes/Gravy Green Beans Peaches Cake Bread/Milk Site closes at 12:45 pm 21 Salso Pears Cake Bread/Milk Site closes at 12:45 pm 22 Swiss Steak Pears Cake Bread/Milk Site closes at 12:45 pm 24 Carrots Carrots Carrots Bread/Milk Site closes at 12:45 pm 28 Carrots Carrots Carrots Bread/Milk Site closes at 12:45 pm 29 Salood Pressure 11:15-12:15 Cake Bread/Milk Site closes at 12:45 pm 29 Social Pears Carrots Carrots Carrots Carrots Bread/Milk Site closes at 12:45 pm 29 Social Pressure 11:15-12:15 Social Pears Carrots Carrot	Bread/Milk	Milk	Milk	Milk	Bread/Milk	Bread/Milk	
14 Roast Turkey Mashed Potatoes/Gravy Green Beans Peaches Cake Bread/Milk Site closes at 12:45 pm 21 Salso Pears Cake Bread/Milk Site closes at 12:45 pm 22 Swiss Steak Pears Cake Bread/Milk Site closes at 12:45 pm 24 Carrots Carrots Carrots Bread/Milk Site closes at 12:45 pm 28 Carrots Carrots Carrots Bread/Milk Site closes at 12:45 pm 29 Salood Pressure 11:15-12:15 Cake Bread/Milk Site closes at 12:45 pm 29 Social Pears Carrots Carrots Carrots Carrots Bread/Milk Site closes at 12:45 pm 29 Social Pressure 11:15-12:15 Social Pears Carrots Carrot							
Roast Turkey Mashed Potatoes/Gravy Green Beans Peaches Applesauce Cookie Bread/Milk Bite closes at 12:45 pm  22 Swiss Steak Bread/Milk Bread/Mi	Site closes at 12:45 pm		Blood Pressure 11:15-12:15				
Mashed Potatoes/Gravy Green Beans Peaches Cartots Peaches Cookie Bread/Milk Biood Pressure 11:15-12:15 Site closes at 12:45 pm  22 Swiss Steak Pears Green Beans Bread/Milk Biood Pressure 11:15-12:15  Site closes at 12:45 pm  28 Chicken Strips Mashed Potatoes/Gravy Carrots Mixed Vegetables Fresh Fruit Concolate Pudding Milk Dinner Roll/Milk Cfiristmas Dini  Carrots Applesauce Granola Bar Bread/Milk Biood Pressure 11:15-12:15  Site closes at 12:45 pm  29 Spaghetti w/Meat Sauce Garlic Bread Garlic Bread Garlic Bread Carrots Green Beans Applesauce Garlic Bread Galzed Ham Balls Sweet Potatoes Sweet Potatoes Dinner Roll Baked Potatoes Mixed Vegetables Fresh Fruit Concolate Pudding Milk  Dinner Roll/Milk  Cfiristmas Dini  Carrots Beets Applesauce Green Bar Bread/Milk Given Bread/Milk  Fresh Fruit Concolate Pudding Milk  Cfiristmas Dini  Carrots Beets Applesauce Green Beans Mandarin Oranges Cookie Milk  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televent weather notify KCRG and KGAN to post on their websites and televent weather notify KCRG and KGAN to post on their websites and televent weather notify KCRG and KGAN to post on their websites and televent weather notify KCRG and KGAN to post on their websites and televent	14	15	16	17	18	19	
Green Beans Peaches Cake Cookie Bread/Milk Bread/Milk Site closes at 12:45 pm  21 Swiss Steak Pears Green Beans Pears Granola Bar Bread/Milk Blood Pressure 11:15-12:15 Beets Applesauce Granola Bar Green Beans Bread/Milk Blood Pressure 11:15-12:15 Beets Applesauce Granola Bar Bread/Milk Blood Pressure 11:15-12:15 Beets Applesauce Granola Bar Bread/Milk Blood Pressure 11:15-12:15 Scalloped Ham & Potatoes Beets Applesauce Granola Bar Bread/Milk Blood Pressure 11:15-12:15 Beets Applesauce Green Beans Applesauce Green Beans Applesauce Green Beans Applesauce Green Beans Bread/Milk Blood Pressure 11:15-12:15  Scalloped Ham & Potatoes Beets Applesauce Green Beans Applesauce Green Beans Applesauce Green Beans Bread/Milk Blood Pressure 11:15-12:15  Scalloped Ham & Potatoes Beets Applesauce Green Beans Applesauce	Roast Turkey	Polish Sausage/Bun	Salisbury Steak	Battered Pollack	Swedish Meatballs	Glazed Ham	
Peaches Cake Cookie Bread/Milk Bread/Milk Bread/Milk Blood Pressure 11:15-12:15  Site closes at 12:45 pm  22 Swiss Steak Pariable Potatoes Green Beans Cake Bread/Milk Bread/Milk Buttered Noodles Peas Peas Cake Bread/Milk	Mashed Potatoes/Gravy	Macaroni & Cheese	Mashed Potatoes/Gravy	Oven Browned Potatoes	Baked Potato Half	Hashbrown Casserole	
Peaches Cake Bread/Milk Bread/Milk Bite closes at 12:45 pm  21 Swiss Steak Parslied Potatoes Cake Bread/Milk Buttered Noodles Pears Cake Bread/Milk Bread/	Green Beans	Sauerkraut	Carrots	Mixed Vegetables	Corn	Broccoli Salad	
Bread/Milk  Site closes at 12:45 pm  21  22  Swiss Steak Parslied Potatoes Green Beans Pears Cake Bread/Milk B	Peaches	Applesauce	Tropical Fruit		Fresh Fruit	Sunshine Salad	
Bread/Milk  Site closes at 12:45 pm  21  22  Swiss Steak Parslied Potatoes Green Beans Pears Cake Bread/Milk B	Cake	Cookie	Dessert Bar	Cereal Bar	Chocolate Pudding	Peach Dessert	
Site closes at 12:45 pm  21 22 Swiss Steak Parslied Potatoes Green Beans Pears Cake Bread/Milk Site closes at 12:45 pm  28 Chicken Strips Mashed Potatoes/Gravy Corn Mashed Potatoes/Gravy Corn Pears Carrots Carrots Dinagraphe  10 Cent Bingo 24 25 26 Fish Filet Bun Tri Tator Green Beans Mandarin Oranges Cookie Milk  Site closes at 12:45 pm  27 28 Spaghetti w/Meat Sauce Garlic Bread Garlic Bread Carrots Cauliflower Cauliflower Cauliflower Carrots Cauliflower Carrots Ca	Bread/Milk	Milk	Bread/Milk	Bread/Milk	Milk	Dinner Roll/Milk	
Site closes at 12:45 pm  21  Swiss Steak Parslied Potatoes Green Beans Pears Cake Bread/Milk Site closes at 12:45 pm  29  Chicken Strips Mashed Potatoes/Gravy Corn Pears Carrots Carr			Blood Pressure 11:15-12:15			Christmas Dinner	
21 Swiss Steak Parslied Potatoes Green Beans Pears Cake Bread/Milk Site closes at 12:45 pm  29 Chicken Strips Mashed Potatoes/Gravy Corn Pears Carrots Mashed Potatoes/Gravy Corn Pears Carrots Dears Dears  23 Scalloped Ham & Potatoes Beets Applesauce Granola Bar Bread/Milk  Blood Pressure 11:15-12:15  Blood Pressure 11:15-12:15  24 25 Fish Filet Bun Tri Tator Green Beans Mandarin Oranges Cookie Milk  Site closes at 12:45 pm  29 Spaghetti w/Meat Sauce Garlic Bread Carrots Carrots Cauliflower Dears Dea	Site closes at 12:45 pm		10 Cent Bingo				
Parslied Potatoes Green Beans Green Beans Pears Cake Bread/Milk Site closes at 12:45 pm  Blood Pressure 11:15-12:15  Spaghetti w/Meat Sauce Garlic Bread Garlic Bread Carrots Carrots Carrots Carrots Carrots Calliflower Pears  Bun Tri Tator Green Beans Mandarin Oranges Cookie Milk  Seasoned Chicken Legs Dinner Roll Baked Beans Pasta Salad Bun Tri Tator Green Beans Mandarin Oranges Cookie Milk  Blood Pressure 11:15-12:15  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televation of the post		22		24	25	26	
Green Beans Pears Cake Bread/Milk  Site closes at 12:45 pm  28 Chicken Strips Mashed Potatoes/Gravy Corn Carrots Pears Carrots Pears  Buttered Noodles Peas Granola Bar Bread/Milk  Blood Pressure 11:15-12:15  Blood Pressure 11:15-12:15  Seasoned Chicken Legs Dinner Roll Baked Beans  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televation can be an object. Tri Tator Green Beans Mandarin Oranges Cookie Milk  Site closes at 12:45 pm  Blood Pressure 11:15-12:15  29 Spaghetti w/Meat Sauce Garlic Bread Carrots Cauliflower Peaches  Pears  Beats Benton County Transportation is closed, the meal site is closed.	Swiss Steak	Bacon Ranch Chicken	Scalloped Ham & Potatoes			Fish Filet	
Site closes at 12:45 pm  Blood Pressure 11:15-12:15  28  Chicken Strips  Mashed Potatoes/Gravy Corn Corn Peaches  Blood Pressure 11:15-12:15  30  Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Seasoned Chicken Legs Notify KCRG and KGAN to post on their websites and televorable channels. Please look for: "HACAP Vinton Meal Site". Very Channels. Please look for: "HACAP Vint	Parslied Potatoes	Breast	Beets			Bun	
Site closes at 12:45 pm  Blood Pressure 11:15-12:15  28  Chicken Strips  Mashed Potatoes/Gravy Corn Corn Peaches  Blood Pressure 11:15-12:15  30  Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Seasoned Chicken Legs Notify KCRG and KGAN to post on their websites and televorable channels. Please look for: "HACAP Vinton Meal Site". Very Channels. Please look for: "HACAP Vint	Green Beans	Buttered Noodles	Applesauce	Monni		Tri Tator	
Site closes at 12:45 pm  Blood Pressure 11:15-12:15  28  Chicken Strips  Mashed Potatoes/Gravy Corn Corn Peaches  Blood Pressure 11:15-12:15  30  Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Seasoned Chicken Legs Notify KCRG and KGAN to post on their websites and televorable channels. Please look for: "HACAP Vinton Meal Site". Very Channels. Please look for: "HACAP Vint	Pears	Peas	Granola Bar	COTTO	ATTOO TO	Green Beans	
Site closes at 12:45 pm  Blood Pressure 11:15-12:15  28  Chicken Strips  Mashed Potatoes/Gravy Corn Corn Peaches  Blood Pressure 11:15-12:15  30  Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Seasoned Chicken Legs Dinner Roll Baked Beans Pears Pears  Blood Pressure 11:15-12:15  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televation channels. Please look for: "HACAP Vinton Meal Site". Very proposal part of the meal site is closed, the meal site is closed.	Cake	Tropical Fruit	Bread/Milk			Mandarin Oranges	
Site closes at 12:45 pm  Blood Pressure 11:15-12:15  28  Chicken Strips  Mashed Potatoes/Gravy Corn Corn Peaches  Blood Pressure 11:15-12:15  30  Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Seasoned Chicken Legs Dinner Roll Baked Beans Pears Pears  Blood Pressure 11:15-12:15  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televation channels. Please look for: "HACAP Vinton Meal Site". Very proposal part of the meal site is closed, the meal site is closed.	Bread/Milk	Cookie				Cookie	
Site closes at 12:45 pm  Blood Pressure 11:15-12:15  28  Chicken Strips  Mashed Potatoes/Gravy Corn Corn Peaches  Blood Pressure 11:15-12:15  30  Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Seasoned Chicken Legs Notify KCRG and KGAN to post on their websites and televorable channels. Please look for: "HACAP Vinton Meal Site". Very Channels. Please look for: "HACAP Vint		Bread/Milk		CILLIC		Milk	
Chicken Strips Mashed Potatoes/Gravy Corn Carrots Spaghetti w/Meat Sauce Glazed Ham Balls Seasoned Chicken Legs Dinner Roll Sweet Potatoes Dinner Roll Baked Beans Pears Pears Plineapple  Seasoned Chicken Legs Dinner Roll Baked Beans Pears  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televochannels. Please look for: "HACAP Vinton Meal Site". Very proposal	Site closes at 12:45 pm		Blood Pressure 11:15-12:15				
Chicken Strips Mashed Potatoes/Gravy Corn Peaches  Spaghetti w/Meat Sauce Glazed Ham Balls Sweet Potatoes Dinner Roll Sweet Potatoes Dinner Roll Baked Beans Pears  Seasoned Chicken Legs Dinner Roll Sweet Potatoes Dinner Roll Baked Beans Pears  Plineapple  Spaghetti w/Meat Sauce Glazed Ham Balls Sweet Potatoes Dinner Roll Baked Beans Pears  When the 4th Street Diner closes for inclement/winter weather notify KCRG and KGAN to post on their websites and televorable channels. Please look for: "HACAP Vinton Meal Site". Very proposal seasoned Chicken Legs Dinner Roll Spaghetti w/Meat Sauce Cauliflower Pears  Pears  Seasoned Chicken Legs Dinner Roll Spaghetti w/Meat Sauce Postatoes Dinner Roll Spaghetti w/Meat Sauce Postatoes Dinner Roll Spaghetti w/Meat Sauce Postatoes Dinner Roll Spaghetti w/Meat Sauce Note of the spage of the spa		29	30	31			
Corn Calliflower Baked Beans Peaches Pears Pineapple Potatoes Diffile Roll  Channels. Please look for: "HACAP Vinton Meal Site". V Benton County Transportation is closed, the meal site is clo	Chicken Strips		Glazed Ham Balls	Seasoned Chicken Legs			
Peaches Pears Pineannle Pasta Salad Bears  Baked Bears  Benton County Transportation is closed, the meal site is closed.	Mashed Potatoes/Gravy	Garlic Bread	Sweet Potatoes	Dinner Roll			
iPeaches iPears iPineannie iPasia Salan i i i i i i i i i i i i i i i i i i i	Corn	Carrots	Cauliflower	Baked Beans			
	Peaches	Pears	Pineapple	Pasta Salad	i i		
Cake  Cookie  Lime Delight  Fresh Fruit  closing notice will be sent to everyone who has signed up to the menu via email. If you receive Home Delivered Meals and	Cake			Fresh Fruit			
Bread/Milk  Milk  Bread/Milk  Fruit Crisp  Fruit Crisp  In the menu via email. If you receive Home Delivered Meals and not have email, you can request to be added to a courtesy of the menu via email, you can request to be added to a courtesy of the menu via email.	Bread/Milk	Milk	<u> </u>	Fruit Crisp			
Bread/Milk  Bread/Milk  beginning November 1, 2025.				Bread/Milk			
Site closes at 12:45 pm Blood Pressure 11:15-12:15	Site closes at 12:45 pm		Blood Pressure 11:15-12:15				
All menu items are subject to change if it reduces food costs.							