Children

Early Childhood Programs Director: Christi Regan

Early Head Start/Head Start: provides comprehensive early childhood education for children birth-5. Head Start incorporates health, nutrition, and parent involvement services to enrolled children and families. Head Start is offered at no cost to families.
Counties: All
Contact for Applicants: Stacy King, Corporate (sking@hacap.org)
Client Eligibility: young children Birth-5 from families who meet the federal low-income guidelines – at or below the federal poverty guidelines or who receive Public Assistance (FIP, SNAP, SSI). Children who are homeless or in foster care are categorically eligible. May enroll children from families that have incomes above the poverty guidelines.
Application: www.hacap.org/headstart or headstartinfo@hacap.org

Child and Adult Care Food Program (CACFP): offers financial reimbursement to providers serving nutritious meals to children in their care, along with offering free nutrition training, in-home provider support, and professional development.
Counties: Benton, Delaware, Dubuque, Iowa, Jackson, Jones, Linn, and Washington
Program Coordinator: Christene Langmann
Client Eligibility: In-Home Childcare programs
Application: available through Program Coordinator

Energy Conservation

Energy Programs Director: Dan Rauser

LIHEAP (Low Income Home Energy Assistance Program): makes a one-time payment towards the primary heat source for eligible households in the form of a credit applied directly to the utility company. Program begins October 1 for persons who are 60 and/or older and/or has someone in the household who is disabled; and November 1 – April 30 everyone else can apply.
Counties: All Program Manager: Sandy Gilbert (sgilbert@hacap.org)
Client Eligibility: Homeowners and renters are eligible, at or below 200% of federal poverty guidelines.
Application: paper applications are available at all sites in English only. Online applications can be translated into multiple languages. Phone interpreters are available.

Energy Crisis Program (ECIP): Assists households with disconnections, reconnections, missed a payment on a pay arrangement, or less than 30% LP. LIHEAP eligible clients are protected from November 1 through March 31 by the moratorium and cannot be disconnected. Crisis Furnace Assistance - If someone has a no-heat or low-heat situation with their furnace, ECIP can assist LIHEAP eligible homeowners from October 1 through April 30. Emergency Cooling Assistance - If there is a household member with a medical need, ECIP can assist with central air repairs for homeowners, or window air conditioners for homeowners or renters from May 1 – September 30.

Counties: All

Program Manager: Sandy Gilbert

Client Eligibility: Homeowners and renters are eligible, at or below 200% of federal poverty guidelines. Application: paper applications are available at all sites in English only. Online applications can be translated into multiple languages. Applications may be taken over the phone. Phone interpreters are available.

Energy Conservation

Weatherization: works to reduce personal utility costs by improving the housing stock of low-income individuals and families.
Counties: All
Program Manager: John Fiester (jfiester@hacap.org)
Client Eligibility: homeowners and renters (with landlord approval) are eligible, at or below 200% of federal poverty guidelines.
Application: Households approved for LIHEAP are automatically applied for weatherization services. People may apply for Weatherization only, if they choose.

Contact Information for all Energy Conservation Programs: Contact their local HACAP office, email energy@hacap.org, or call 319-739- 0100.

Health and Nutrition

Health and Nutrition Directors

Benton County Rural Senior Services Director: Linda Lough
Health Alliance Director: Debbie Ackerman
Food Reservoir Director: Aron Brecht

1st Five: The goal is to improve rates of developmental screening in primary healthcare by connecting families to early intervention services and community resources for a referred child 0-5 years in age. The Site Coordinator builds relationships with primary care providers to improve the rate of developmental screening for children birth-5 years and educates the providers on the program/referral process. The Developmental Support Specialists (DSS) regularly connect with families to provide short-term care coordination. The DSS role can include providing information and referrals to developmental intervention services, as well as connections to community resources for social determinants of health needs.
Counties: Benton, Jones, Linn
Program Manager: Dani Pershing (remote, dpershing@hacap.org)
Client Eligibility: Referral from the child's primary care provider before their 5th birthday is required. Families can be referred multiple times if needed.
Application: None.

Child Care Nurse Consultant (CCNC): works with Iowa Early Care and Education programs to provide free onsite consultation, training, technical assistance, information and referrals, and care planning for children with special health needs.
Counties: Benton, Iowa, Jones, Linn
Linn CCNC: Angela Easley (Corporate, aeasley@hacap.org)
Benton, Iowa, and Jones CCNC: Jaye Geater (Corporate, jgeater@hacap.org)
Client Eligibility: works directly with child care centers and homes.
Application: None.

Food Pantries: HACAP Food Reservoir works with local agencies to support food pantries accessible to all. People interested in starting a food pantry should contact the Food Reservoir. Map of pantries found on HACAP website.
Counties: Benton, *Cedar*, Iowa, Johnson, Jones, Linn, Washington
Regional Partnership Coordinators: Jim Mabry (corporate, jmabry@hacap.org), Mallory Stewart (corporate, mstewart@hacap.org)

Health and Nutrition

Client Eligibility: Identified need for food. TEFAP has income guidelines and some pantries have other criteria.
Application: None needed

Hawki (Healthy and Well Kids in Iowa) Outreach: provide outreach to schools, faith-based organizations, special populations, and employees without access to employer-sponsored health insurance to inform them of Hawki benefits.
Counties: Benton, Jones, Linn
Program Contact: Olivia Markham (Urban, (319) 551-4329 or hawki-medicaid@hacap.org)

Informing/Care for Kids: staff have conversations with families newly eligible for Medicaid, promoting health and wellness of children birth to age 21.
Counties: Benton, Jones, Linn
Program Contact: Tina Carroll (remote or corporate, tcarroll@hacap.org)
Client Eligibility: Determined by Iowa Health and Human Services.
Application: None.

ISmile: connects children and pregnant women living in Iowa with dental, medical, and community resources.
Counties: Benton, Jones, Linn
Program Contact: Erika Olson (Urban, eolson@hacap.org, hacapdental@hacap.org)
Client Eligibility: These services are offered in conjunction with WIC and at participating schools. Standalone services are available only at publicized community events.
Application: None.

Maternal Health (MCAH – Title V) promotes healthy pregnancies, providing health care services through public and private collaborative efforts. May include clinic or home visits with a nurse.
Counties: Benton, Jones, Linn
Program Contact: Jennifer Martin (Sites Vary, jmartin@hacap.org)
Client Eligibility: Referred by medical provider, WIC, or other community partner.
Application: none

Health and Nutrition

Child and Adolescent Health (MCAH – Title V) promotes the health of Iowa's children, youth, and adolescents by providing health care services through public and private collaborative efforts.
Counties: Benton, Jones, Linn
Program Director: Debbie Ackerman (Corporate, dackerman@hacap.org)
Client Eligibility: These services are often offered in conjunction with WIC. Standalone services are available only at publicized community events.
Application: None.

Mobile Food Pantries: Food distributed monthly in areas with limited access to food resources. Schedule on HACAP website.
Counties: Benton, *Cedar*, Iowa, Jones, Linn, Washington
Program Manager: Angie Albright (Corporate, aalbright@hacap.org)
Client Eligibility: Identified need for food. TEFAP has income guidelines and some pantries have other criteria.
Application: TEFAP form signed once per year. Available in multiple languages.

Senior Dining: Offers nutritious hot noon meals on-site, carryout, or home delivered. Frozen meals and liquid supplements are also available
Counties: Benton and Iowa (meal sites in Belle Plaine, Vinton, and Marengo)
Program Director: Linda Lough (Vinton, (319) 472-4761 ext. 2008, llough@hacap.org)
Client Eligibility: Age 60 and older are eligible to make a contribution for their meal. All others are required to pay for their meal.
Application: only for the Belle Plaine Hub – pickup at center.

WIC (Women, Infants, and Children): WIC (Women, Infants, and Children) is a federal nutrition program in Iowa that provides healthy foods, nutrition education, breastfeeding support, and referrals to health and social services for eligible low-income families.
Counties: Benton, Jones, Linn, Subcontract Johnson, Iowa
Program Manager: Angela Munson (amunson@hacap.org)
Program Contact: Call Urban at (319) 366-7632
Client Eligibility: Individuals who are pregnant, postpartum (up to 6 months after the end of the pregnancy), or breastfeeding (up to the child's first birthday) and children up to 5 years old. Household income cannot be above 185% of federal poverty income guidelines. Households that are eligible for

Health and Nutrition

SNAP, Medicaid, and TANF are automatically eligible. Families enrolled in Head Start are eligible.
Application: Completed at the time of the appointment. Call to schedule. Phone interpreters are available.

Affordable Housing and Homelessness

Affordable Housing and Homelessness Director: Heather Harney

Affordable Housing: Working to provide affordable housing for low-income families. HACAP manages a number of apartments and single-family dwellings for low-income families.
Counties: Benton, Johnson, Linn, and Washington
Program Contact: Tiyada Purk (at Inn Circle)
Email: housing@hacap.org
Phone: (319) 550-3528
Client Eligibility: depends on the county. Contact Tiyada for information.
Application: Download an application on our website. It is available in English only and must be submitted with:

- $25 per adult non-refundable application fee
- driver's license or other picture ID
- past 30 day income documentation for each adult listed on application
- letter from the shelter or the person the client is staying with if they are staying in a shelter or with family or friends.
- Affordable housing units operate on a waitlist at this time. No immediate openings. All applications are placed on the waitlist with priority given to those households meeting a homeless definition.

Homelessness: selective case management, working closely with area partners.
Counties: See below
Program Contact: Marcus Johnson
Email: housing@hacap.org
Phone: (319) 366-7631 x1502
Client Eligibility: must be homeless (living in a place not intended for human habitation, doubled up …)
Application: no application for clients – HACAP works directly with area partners to identify those in need.

If a client is currently experiencing homelessness, they should contact the Coordinated Entry Agency in their county:

- Benton, Jones, and Linn: Waypoint (319) 366-7999
- Delaware, Dubuque, and Jackson: Community Solutions of Eastern Iowa (833) 587-8322
- Johnson and Washington: Shelter House (319) 351-0326

Affordable Housing and Homelessness

Local Programs

CHAMP: an Integrated Case Management program where Wellpoint members can receive one-on-one assistance from a case manager who will not only help with medical care arrangements, but also work to address a client's whole-health needs. May assist eligible households in attaining and maintaining safe and stable housing.
Counties: Dubuque, Johnson, Linn
Program Manager: Michele Lerch, Operations Coordinator (mlerch@hacap.org)
Client Eligibility: enrolled in Medicaid with Wellpoint as the managed care organization (MCO) and enrolled in Wellpoint's Integrated Case Management program is required.
Application: by referral.

Embrace Iowa: eligible households can receive up to $750 towards the purchase of appliances, car repairs, dental service, medication, eyeglasses, furniture, home repairs, household items, beds, and other essential needs.
Counties: HACAP service area.
Program Contact: Michele Lerch, Operations Coordinator (mlerch@hacap.org)
Client Eligibility: households applying must reside in Iowa and income must be at or below 200% of the Federal Poverty Level to qualify for assistance.
Application: applications for Embrace Iowa open around December 1st each year and close at the end of January. Contact Michele for the current application.

Neighbors Helping Neighbors: Coralville residents with delinquent water bills and/or disconnect notices may receive up to $200 in financial assistance to cover their bill.
Counties: Johnson (Coralville residents only)
Program Contact: Debbie Ackerman, Johnson County Coordinator 319-739-0082 (dackerman@hacap.org)
Client Eligibility: household must reside in Coralville. Assistance is available one time per calendar year.
Application: phone intake.

Local Programs

North Liberty Recreation Financial Assistance: eligible households can receive discounted or free membership to the North Liberty Recreation Center.
Counties: Johnson (North Liberty residents only)
Program Contact: Debbie Ackerman, Johnson County Coordinator (dackerman@hacap.org)
Client Eligibility: household must reside in North Liberty. Households at 200% of poverty or below receive free membership if funds are still available.
Application: contact North Liberty recreation or Debbie Ackerman. Applications are available year-round.

VITA (Volunteer Income Tax Assistance): a free source for preparing tax returns for eligible individuals and families. All volunteers and staff are IRS-Certified.
Counties: Dubuque, Delaware, and Jackson
Program Manager: Dubuque County Coordinator
Client Eligibility: households with no farm, rental, or business income making less than $64,000
Application: None.

Veteran Support

Veteran Supports Director: Heather Harney

Supportive Services for Veteran Families (SSVF): for income eligible Veterans, SSVF provides case management and supportive services to prevent the imminent loss of a Veteran's home or to rapidly re-house Veterans and their families who are homeless and might remain homeless without this assistance.
Counties: Benton, Blackhawk, Buchanan, Cedar, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, Washington
Program Manager: Heather Harney
Contact: (319) 739-0012 or housing@hacap.org or mjohnson@hacap.org
Client Eligibility: must be a veteran or have a veteran in the household with at least 1 day of active duty, must meet income guidelines, can serve any discharge status except dishonorable, and live in the listed service area counties above.
Application: Available through program contacts.