

**We would like to invite you to participate in our
July Evening Meal.**

Reservations are required and will only be taken
until 5:00 PM on Monday, July 15th.

**We do offer the meal as a carry-out that can be
picked up from 5:15 to 6:00 pm.**

Tuesday, July 16th, 5:30-6:00

Baked Chicken (Choice of White or Dark)

Parslied Potatoes

Corn

Pears

Dessert

WW Bread`/Margarine and Milk.

**[To find the menu online, please
go to www.hacap.org/what-we-
do/healthandnutrition/4th-street-
diner-menu/](http://www.hacap.org/what-we-do/healthandnutrition/4th-street-diner-menu/)**

HACAP's 4th Street Diner is for EVERYONE! The suggested contribution is \$3.25 for individuals age 60 years old or older, and their spouse (regardless of age). The cost to individuals who are younger than 60 is \$4.25. Carryout meals are available during every scheduled meal; please call 472-4761 to place your order.

4th Street Diner

HACAP North Benton Center
202 East Fourth Street
Vinton, IA 52349
319-472-4761

**Serving Buffet:
11:30 am to 1:00 pm**

FREE SOFT-SERVICE ICE CREAM AVAILABLE DAILY FOR
EVERYONE WHO EATS A MEAL AT THE SITE
DURING MEAL SERVICE TIMES

Everyone is WELCOME!
Carryout meals are available!

Suggested Contribution for individuals 60 years old or older, and their spouse (regardless of age) is **\$3.25** for the meal.

Individuals who are not yet 60 are **WELCOME**, but need to pay **\$4.25** for their meal.

We deliver hot noon meals to:
Vinton - Sunday through Friday

We also have nutritious Frozen Meals and Liquid Supplements. Delivery is throughout Benton County.

Please call **(319) 472-4761** for more information about services or to reserve a table for groups of 5 or more.