

**We would like to invite you to participate in our  
September Evening Meal.**

**Reservations are required and will only be taken  
until 5:00 PM on Monday, September 16th.**

**We do offer the meal as a carry-out that can be  
picked up from 5:15 to 6:00 pm.**

**Tuesday, August 17th, 5:30-6:00**

Baked Chicken (Choice of White or Dark)

Parslied Potatoes

Corn

Pears

Dessert

WW Bread`/Margarine and Milk.

[To find the menu online, please  
go to www.hacap.org/what-we-  
do/healthandnutrition/4th-street-  
diner-menu/](http://www.hacap.org/what-we-do/healthandnutrition/4th-street-diner-menu/)

HACAP's 4th Street Diner is for EVERYONE! The suggested contribution is \$3.25 for individuals age 60 years old or older, and their spouse (regardless of age). The cost to individuals who are younger than 60 is \$4.25. Carryout meals are available during every scheduled meal; please call 472-4761 to place your order.

# **4th Street Diner**

HACAP North Benton Center  
202 East Fourth Street  
Vinton, IA 52349  
319-472-4761

**Serving Buffet:  
11:30 am to 1:00 pm**

**FREE** SOFT-SERVICE ICE CREAM AVAILABLE DAILY FOR  
**EVERYONE WHO EATS A MEAL AT THE SITE**  
DURING MEAL SERVICE TIMES

Everyone is WELCOME!  
Carryout meals are available!

Suggested Contribution for individuals 60 years old or older, and their spouse (regardless of age) is **\$3.25** for the meal.

Individuals who are not yet 60 are **WELCOME**, but need to pay **\$4.25** for their meal.

We deliver hot noon meals to:  
**Vinton - Sunday through Friday**

We also have nutritious Frozen Meals and Liquid Supplements. Delivery is throughout Benton County.

Please call **(319) 472-4761** for more information about services or to reserve a table for groups of 5 or more.