

We would like to invite you to participate in our
October Evening Meal.

Reservations are required and will only be taken
until 5:00 PM on Monday, October 14th.

We do offer the meal as a carry-out that can be
picked up from 5:15 to 6:00 pm.

Tuesday, October 15th, 5:30-6:00

Bacon Wrapped Chicken Legs

Baked Potato Half

Carrots

Mixed Fruit

Dessert

WW Bread/Margarine and Milk.

*****This is the last evening meal we will have until
spring.**

**[To find the menu online, please
go to www.hacap.org/what-we-
do/healthandnutrition/4th-street-
diner-menu/](http://www.hacap.org/what-we-do/healthandnutrition/4th-street-diner-menu/)**

HACAP's 4th Street Diner is for **EVERYONE!** The suggested contribution is \$3.25 for individuals age 60 years old or older, and their spouse (regardless of age). The cost to individuals who are younger than 60 is \$4.25. Carryout meals are available during every scheduled meal; please call 472-4761 to place your order.

4th Street Diner

HACAP North Benton Center
202 East Fourth Street
Vinton, IA 52349
319-472-4761

**Serving Buffet:
11:30 am to 1:00 pm**

FREE SOFT-SERVICE ICE CREAM AVAILABLE DAILY FOR
EVERYONE WHO EATS A MEAL AT THE SITE
DURING MEAL SERVICE TIMES

Everyone is **WELCOME!**
Carryout meals are available!

Suggested Contribution for individuals 60 years old or older, and their spouse (regardless of age) is **\$3.25** for the meal.

Individuals who are not yet 60 are **WELCOME**, but need to pay **\$4.25** for their meal.

We deliver hot noon meals to:
Vinton - Sunday through Friday

We also have nutritious Frozen Meals and Liquid Supplements. Delivery is throughout Benton County.

Please call **(319) 472-4761** for more information about services or to reserve a table for groups of 5 or more.